

SØNDERHONING

(Denmark)

MUSIC: National 4510-B

FORMATION: Cpls facing LOD (circle is not necessary)
MR hand holds WL wrist

SOURCE: Taught at 1954 Folk Dance Camp, University of the Pacific,
by Jane Farwell.

Meas.

- 1-8 I. PROMENADE
In promenade position, as above, walk 16 steps fwd in LOD,
beg. ML, WR.
- II. TURNING
Position: As partners face, M swings his RH (holding
WLH yet) behind her back. WR hand holds M around ribcage
(under his L arm). ML arm around ptr, holding her LH, in
back. Lean away slightly from partner.
Turning Step: M - delsbopolska, or left-foot polska
(practice Pattern E. in earlier description)
L, touch, R.
Turning Step: W - Step R, L, R (cts 1,&2), small leap
onto L (ct 3). Almost as a two-step (R,
close, R) followed by an extra step (leap L).
- 9-16 5 Turning Steps (3 counts per step) is 15 counts.
On count 16, stamp lightly with outside ft (no wt).
Let go with ML, WR hands and change back to original
promenade position for repeat of dance.

NOTE: Doing the 3-count turn to 2/4 music results in a delightfully strange
feeling, but it always comes out even in the end.

Presented at the 1977 Folk Dance Federation Teacher Training Program
by Ned and Marian Gault