

Sones de Ixtapa y Soyalo

Chiapas

- 4 Walk intro Enter
1, 2, 3, 4
R, L, R, L
WALK, WALK, WALK, WALK
- 8 Walk In & Out w/Partner Clap
1, 2, 3, 1, 2-1, 2, 3, 1, 2...
L, R, L-R, L, R...
WALK, WALK, WALK, CLAP, CLAP IN-WALK, WALK,
WALK, CLAP, CLAP OUT...
- 8 Slide X Return w/Partner Arc/Clap
1Y, 2Y, 3, 1, 2-1Y, 2Y, 3, 1, 2...
LR, LR, L, RR-RL, RL, R, LL...
SLIDE, SLIDE, SLIDE, STAMP CLAP, STAMP CLAP
SLIDE, SLIDE, SLIDE, STAMP CLAP, STAMP CLAP...
- 8 Descanso Up Columna w/Partner
1, 2, 3-1, 2, 3...
R, L, R-L, R, L...
STEP, BALL, STEP- STEP, BALL, STEP
- 5 Crossover By Partner side
1, 2, 3-1, 2, 3...
R, L, R-L, R, L...
X OVER, BACK STEP, STEP- X OVER, BACK STEP,
STEP...
- 8 Descanso Down & Up w/Partner
1, 2, 3-1, 2, 3...
R, L, R-L, R, L...
STEP, BALL, STEP- STEP, BALL, STEP
- 5 Rocking Horse By Partner side
1, 2-1, 2...
R, L-R, L...
STEP FRONT, STEP BACK-STEP FRONT, STEP BACK...
- 8 Stamp, Stamp By Partner side Clap
1, 2, 1, 2, 3-1, 2, 1, 2, 3...
R, R, R, L, R-L, L, L, R, L...
STAMP IN, STAMP OUT, STAMP CLAP, STAMP CLAP,
STAMP CLAP- STAMP IN, STAMP OUT, STAMP CLAP,
STAMP CLAP, STAMP CLAP
- 6 Descanso Down Columna w/Partner
1, 2, 3-1, 2, 3...
R, L, R-L, R, L...
STEP, BALL, STEP- STEP, BALL, STEP
- 8 Walk In & Out to Partner
1, 2, 3, 1, 2-1, 2, 3, 1, 2...
L, R, L, RR-R, L, R, LL...
WALK, WALK, WALK, CLAP, CLAP IN-WALK, WALK,
WALK, CLAP, CLAP OUT...
- 8 Slide X & Return w/Partner
1Y, 2Y, 3, 1, 2-1Y, 2Y, 3, 1, 2...

- LR, LR, L, RR-RL, RL, RL, R, LL...
 SLIDE, SLIDE, SLIDE, STAMP CLAP, STAMP CLAP
 SLIDE, SLIDE, SLIDE, STAMP CLAP, STAMP CLAP...
- 8 Descanso Up Columna w/Partner
 1, 2, 3-1, 2, 3...
 R, L, R-L, R, L...
 STEP, BALL, STEP- STEP, BALL, STEP
- 5 Crossover By Partner side
 1, 2, 3-1, 2, 3...
 R, L, R-L, R, L
 X OVER, BACK STEP, STEP- X OVER, BACK STEP,
 STEP...
- 8 Descanso Down w/ Partner
 1, 2, 3-1, 2, 3...
 R, L, R-L, R, L...
 STEP, BALL, STEP- STEP, BALL, STEP
- 5 Rocking Horse w/Partner
 1, 2, 1, 2...
 R, L, R, L...
 STEP FRONT, STEP BACK-STEP FRONT, STEP BACK...
- 8 Stamp, Stamp Alt 1 then other Partner
 1, 2, 1, 2, 3-1, 2, 1, 2, 3...
 R, R, R, L, R-L, L, L, R, L...
 STAMP IN, STAMP OUT, STAMP CLAP, STAMP CLAP,
 STAMP CLAP- STAMP IN, STAMP OUT, STAMP CLAP,
 STAMP CLAP, STAMP CLAP
- 5 Descanso Come together with Partner
 1, 2, 3-1, 2, 3...
 R, L, R-L, R, L...
 STEP, BALL, STEP- STEP, BALL, STEP
- 4 Remate Together
 1, 2, 3, 4
 L, R, L, R
 STAMP, STAMP, STAMP, STAMP

Sones de Ixtapa y Soyalo

Mexico - Chiapas

This is a lively party dance inviting others to join in the festivities utilizing Carrizo (a tall North American

reed), cane, or bamboo sticks to accent the music and the steps.

Pronunciation: SO-nes de ish-TA-pa ee so_YA-lo

Translation: Songs from Istapa and Soyalo

Music: Sones de Ixtapa y Soyalo on the Viviana Acosta Festival CD

Formation: Men and women in couples in long ways line, men behind men and women behind

women. Woman's line is to the right of the man's. Both men and women have their fists held at the

front of their waist.

Meter:

Measure: Pattern

I. Walk

Use four walking steps to get onto the dance floor.

Walk R (ct 1), L (ct 2), R (ct 3), L (ct 4)

II. Walk

Weight is on outside foot. Begin with inside foot: Right foot for men, left foot for women. Steps written for women, men use opposite footwork.

1 Walk sideways toward partner

Walk L (ct 1), R (ct 2), L (ct 3), clap two times in (ct + 4)

2 Walk sideways away from partner

Walk R (ct 1), L (ct 2), R (ct 3), clap two times out (ct + 4)

3-4 Repeat meas 1-2

III. Slide

Slide toward partner with woman passing in front of man and arms circling from side to above head and then down on stamps.

Slide L to left (ct 1), slide R to close to left (ct +)

Slide L to left (ct 2), slide R to close to left (ct +)

Slide L to left (ct 3),

stamp R with no weight and clap (ct +)

stamp R with no weight and clap (ct 4)

2 Repeat meas 1: reversing direction and footwork with woman passing behind man.

3-4 Repeat meas 1-2

IV. Descanso

1 Moving forward with shoulders and fists making a rolling movement

Step on R forward (ct 1), step on ball of L foot slightly behind right foot (ct +), step on R forward (ct 2).

Step on L forward (ct 3), step on ball of R foot slightly behind left foot (+), step on L forward (ct 4)

2-4 Repeat meas 1 three times

V. Crossover

Men and women use same foot in this pattern.

Step on R foot diagonally across left foot while clapping (ct 1)

Step on L foot in place while clapping (ct 2)

Step on R foot slightly to right side while clapping (ct 3)

Step on L foot diagonally across right foot while clapping (ct 1)

Step on R foot in place while clapping (ct 2)

Step on L foot slightly to right side while clapping (ct 3)

- Repeat until end of musical phrase
- VI. Descanso
Repeat pattern IV
- VII. Rocking horse
Men and women use same footwork.
- 1 Rock forward on R foot while arms rock down
Rock backward on L foot while arms rock up
Repeat 5 times??
- VIII. Stamp, stamp
Man and woman use same footwork.
- 1 Stamp or scuff R forward to the left (ct 1),
stamp or scuff R forward and out to the right (ct 2)
and turn 180 degrees CW (to the right)
Stamp R with weight while clapping (ct 3)
Stamp L with weight while clapping (ct +)
Stamp R with weight while clapping (ct 4)
- 2 Stamp or scuff L forward to the right (ct 1),
stamp or scuff L forward and out to the left (ct 2)
and turn 180 degrees CCW (to the left)
Stamp L with weight while clapping (ct 3)
Stamp R with weight while clapping (ct +)
Stamp L with weight while clapping (ct 4)
Repeat til end of musical phrase
- IX. Descanso
Repeat pattern IV
- X. Walk
Repeat pattern II walking toward and away from partner
- XI. Slide
Repeat pattern III
Descanso
Repeat pattern IV
- XIII. Crossover
Repeat pattern V
- XIV. Descanso
Repeat pattern IV
- XV. Rocking horse
Repeat pattern VII
- XVI. Stamp, stamp
Repeat pattern VIII alternating one and then the other partner
- XVII. Descanso
Repeat pattern IV coming together
- XVIII. Remate
Stamp 4 times taking weight each time
R, L, R, L

Disclaimer: The notes for this Mexican dance were re-written in approximate Federation format from dance notes submitted by the master teacher. Where there are questions, please refer to the teacher's original notes or the teacher's DVD.