

Presented by Atanas Kolarovski

ŠOPSKA PETORKA

PRONOUNCED: Shop' ska Pet' or ka

This is probably the most famous exhibition dance in Yugoslavia. It is based on dance movements of the Shope people living in Eastern Macedonia and Western Bulgaria. The special movements are intended to imitate various kinds of work. Petorka was choreographed by I. Mitsveski in 1953 for the Tanec Ensemble and was learned by Atanas at that time. It is called Petorka, because it is danced by five dancers, in line formation, using a belt hold, left arm over the right. The commands for the steps are called by the dancer in the middle.

The dance is notated in three parts, with each part having a number of steps. The music for Part I begins with a slow tempo, speeds up to a faster tempo, and speeds up again to a still faster tempo, ending with an abrupt short stop. The music for Part II begins, at a still faster tempo, which is continued for the rest of the dance. The music for Part II also comes to an abrupt stop, this time of longer duration, at which time the dancers mimic the felling of a tree. The music for Part III then begins, at the same tempo as the music for Part II.

The music is in 2/4 meter, but is notated with four counts per measure to make notation easier.

RECORD: See errata

Meas	<u>PART I: LESNOTO TYPE STEP-Slow Tempo</u>
1-2	8 ct introduction
3-11	Three, 3 measure Lesnoto steps as follows:
3	Moving in LOD in slight crouch, step on R to R (ct 1) hold (ct 2) step on L across in front of R (ct 3) hold (ct 4)
4	Step on R to R (ct 1) hold (ct 2) lift L leg, bending L knee (ct 3) hold (ct 4)
5	Step on L to L (ct 1) hold (ct 2) lift R leg, bending R knee (ct 3) hold (ct 4)
6-8	Repeat action of meas 3-5
9-11	Repeat action of meas 3-5
	<u>PART I: MIDDLE TEMPO-4 SLOW ROCKING STEPS</u>
1	Step on R to R, leaning body to R, holding L in place (ct 1) hold (ct 2) bounce slightly on R (ct 3) hold (ct 4)
2	Step L to L, leaning body to L, holding R in place (ct 1) hold (ct 2) bounce slightly on L (ct 3) hold (ct 4)
3-4	Repeat meas 1-2
	<u>FAST TEMPO: 6 FAST ROCKING STEPS</u>
1	Step on R to R, leaning body to R, holding L in place (ct 1) bounce on R (ct 2) step on L to L (ct 3) bounce on L (ct 4)
2-3	Repeat action of meas 1 two more times for a total of 6

fast rocking steps.

- 4 Close feet together sharply (ct 1) hold (2-3-4)

PART II: BEGINNING OF VERY FAST TEMPO

BASIC STEP FOR PARTS II & III

Counting 4 counts per meas, the basic step is a 6 count step, therefore using 1 1/2 meas. With a sharp, high stepping action step on L in place (meas 1, ct 1) hop on L (ct 2) step on R in place (ct 3) step on L in place (ct 4) step on R in place (meas 2, ct 1) hop on R in place, kicking L sharply fwd and back (meas 2, ct 2)

FIVE BASIC STEPS

- 1-8 Do five basic steps as described above, using 30 counts. In fifth basic on count 29, the leader calls "a sega" in preparation for the first figure step.

TRANSITION STEP FROM BASIC TO "A SEGA"

- 8 Step on L in place (ct 31) hop on L (ct 32)

"A SEGA"-DO IT NOW (change the steps now)

- 9 Step on R in place, turning face to L, swinging L to side like a bell (ct 1) hop on R (ct 2) step on L in place, turning face to R, swinging R to side like a bell (ct 3) hop on L (ct 4)
- 10 Repeat action of meas 9, cts 1, 2 (cts 1-2) step on L in place, lifting R next to L, with R knee bent, and toe pointing down, (ct 3) hop on L (ct 4)

ONE, TWO, THREE, STAMPS- FOUR TIMES

- 11 With high stepping action, step on R in place (ct 1) step on L in place (ct 2) step on R in place (ct 3) stamp L ft sharply, slightly fwd, bending at waist (ct 4)
- 12 Repeat meas 11, opp ftwk, starting on L
- 13-14 Repeat meas 11-12

FAST PAS DE BASQUE STEPS R, L. KICK, KICK, STEP STEP--Two times

- 15 Step on R to R (ct 1) step on L crossing in front of R (ct 2) step on R in place (ct 2) repeat action cts 1, & 2 using opp ftwk, starting with L (cts 3, & 4)
- 16 Leap on R in place, kicking L sharply across in front of R, L knee bent (ct 1) leap on L in place, kicking R sharply across in front of L, R knee bent (ct 2) step sharply in place on R, lifting L (ct 3) step sharply in place on L, lifting R (ct 4)
- 17-18 Repeat meas 15-16

STAMP, TWO, THREE, FOUR- Four times

- 19 Stamp R slightly fwd, bending at waist (ct 1) step sharply on R in place (ct 2) step on L in place (ct 3) step on R in place (ct 4)
- 20 Reverse of meas 19, starting with stamp on L
- 21-22 Repeat meas 19-20

Continued...

SLOW STAMP, THREE SLOW STEPS BACKING UP

- 23 Stamp on R (ct 1) hold (ct 2) step back on R (ct 3) hold (ct 4)
24 Step back on L (ct 1) hold (ct 2) step back on R (ct 3) hold
(ct 4) Leader calls "ee-ha", the call for the basic step.

FOUR BASIC STEPS

- 25-30 Do four basic steps, 6 meas, 24 cts. Leader calls "seci"

SECI (sech' ee) CHOP, as in "chop the tree"

- 31 Step sharply fwd on L (ct 1) hop on L, kicking R fwd, knee
straight (ct 2) sweep R ft back crossing over L (ct 3) hop
on L, kicking R fwd again (ct 4)
32 Repeat action of meas 31, cts 3-4 two more times (cts 1-4)
33 On ct 1, there is a single staccato note. Step firmly fwd
on R, swinging L in front with bent knee, and hold
MUSIC STOPS. END PART II

PART III

FELLING A TREE

Dancers mimic the pushing down of a tree. When choral group
sings "ō-o-o-oh", dancers begin falling fwd on L, landing on
L, when choral group sings "ha". There is a slight hold. The
choral group shouts "ee, ha, ha". Dancers step on the spot,
R, L, R with this shout.

FAST MUSIC BEGINS AGAIN, BASIC STEP 2 TIMES

- 1-3 Do two basic steps, backing up to floor position for "asega"
steps (cts 1-12)

TRANSITION STEP

- 4 Step on L in place (ct 1) hop on L (ct 2) step on R in place,
as leader calls "krši" (ct 3) step on L in place (ct 4)

KRŠI (ker' shee) 8 TWISTING STEPS

- 5 Step on R across L, twisting body to L (ct 1) hop on R twisting
body to ctr, The hop is delayed, and shortened timewise, to
become a skip (ct 2) step on L across R, twisting body to R (ct 3)
skip on L, twisting body to center (ct 4)
6-7 Repeat meas 5 two more times (4 more step-skips)
8 Repeat action of meas 5, cts 1, 2 (cts 1-2) close L to R (ct 3)
Leader calls "ee ha". Hold (ct 4)

STEP GROUP II - FIVE BASIC STEPS. TRANSITION TROJNO (Troy'no) 3 times

- 1-8 Five basic steps ending fifth basic step with a stamping step
on R (ct 29) leader calls "TROJNO". Swing L fwd and across in
front of R, high swing (ct 30) step on L across R (ct 31) swing
R slightly to R (ct 32).

TROJNO. 7 STEPS LEFT. 7 STEPS RIGHT. 7 STEPS LEFT. BASIC STEP, CLOSE

- 9 Step on R across L, bending slightly fwd at waist and turning

- 10 head to L (ct 1) step on L to L(ct 2) Repeat cts 1,2(cts 3-4)
 Repeat meas 9, cts 1,2 (cts 1-2) step R across L swinging L slightly to L (ct 3) hop on R (ct 4)
- 11-12 Reverse meas 9 ,10 starting with L stepping to R 7 steps.
- 13-14 Same as meas 9,10, moving to left
- 15-16 Basic step (cts 1-6). Step on L next to R (ct 7) hold(ct 3)
 Leader calls "ee ha"

STEP GROUP III. FIVE BASIC STEPS. CLOSE. ONE BASIC STEP. KOPNI

- 1-8 Five basic steps (cts 1-30) Close L to R (ct 31) hold (ct 32)
 Leader calls "ee ha"
- 9-10 One basic step (cts 1-6) Leader calls "KOPNI"
- TRANSITION TO KOPNI (kop' nee) DIG
- 10 & Step on L sharply fwd (ct 7) hop on L, kicking R fwd, knee not bent (ct 8)

KOPNI- 3 SCOOPS ONE FWD KICK

- 11 Swing R straight back with scooping action(ct 1) slight hop on L, kicking R fwd (ct 2) repeat c,2 (cts 3-4)
- 12 Swing R straight back (ct 1) slight hop on L, holding R in back (ct 2) swing R sharply fwd (ct 3) hop on L (ct 4)
- SQUAT JUMP. STRIDE THREE STEPS FWD
- 13 Full squat jump on both ft (ct 1) rise (ct 2) stride fwd on R (ct 3) hold (ct 4)
- 14 Stride fwd on L (ct 1) hold (ct 2) stride fwd on R (ct 3) hold(ct 4)
- FOUR FAST PAS DE BASQUES BACKING UP
- 15 Pas de basque R,L,R, backing up to regular floor position (cts 1,&,2) Pas de basque L,R,L, (cts 3,&,4)
- 16 Repeat meas 15. Pas de basque R,L,R; L,R,L.(cts 1-4) Leader calls "ee ha"

STEP GROUP IV. FOUR BASIC STEPS. STEP HOP FWD. ZAVRTI

- 1-6 Four basic steps(24 counts) Leader calls ZAVRTI (zav're tee)TURNING
- 7 Step on L sharply fwd (ct 1) hop on L swinging R to R (ct 2) swing R across in front of L with circular scooping action, from thigh down and around, like the turning of a mill (ct 3) hop on L, swinging R to R (ct 4)
- 8 Repeat action of meas 7, cts 3,4 (cts 1-2) leap on R (ct 3) stamp on L slightly fwd, bending upper part of body fwd (ct 4)

STEP GROUP V. FOUR BASIC STEPS. STEP FWD. KOŠI(kosh-ee)SCYTHE-LIKE

- 1-6 4 basic steps (24 counts) Leader calls KOŠI
- 7 Step on L fwd, bending low, leaving R ft in back (ct 1) swing R around to R (ct 2) step on R across L, body bent, turning face to L, L ft held in back (ct 3) swing L to L (ct 4)
- 8 Step on L across in front of R, body bent, turning face to R, R ft held in back (ct 1) swing R to R(ct 2) step fwd on R, straightening body (ct 3) hold(ct 4) Leader calls "ee ha"

STEP GROUP VI. FIVE BASIC STEPS. ZAPLI(zap'lee) THE END

- 1-8 5 basic steps (cts 1-30) Leader calls "ZAPLI" Step on L sharply fwd (ct 31) hop on L, extending R strt fwd in front (ct 32)
- 9 There is a single staccato note, ct 1, strike R heel sharply to floor slightly fwd and to R of L on this count.