

MUSIC: FOLKRAFT 1251

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 PATTERN
 

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INTRO Allemande L your corner and  
 A R hand to your own  
 Grand R and L around until you meet your own  
 Meet your own with an elbow hook and grand allemande the  
 ring  
 When you're home you swing your own and everybody swing.

## FIGURE I TRADITIONAL

Head 2 ladies cross over and give that man a swing  
 Side 2 ladies over and do the same thing  
 Honor your corner lady  
 Salute your ptrs all  
 Swing your corner lady  
 And promenade the hall.

## THE TOTAL DANCE IS AS FOLLOWS:

INTRO  
 FIGURE  
 FIGURE (REPEAT)  
 BREAK (INTRO)  
 FIGURE  
 FIGURE  
 ENDING (INTRO)

## FIGURE II (LIFE ON THE OCEAN WAVES)

This figure is not as old as #1 but old enough to be considered traditional.

Head 2 gents give R hands around  
 But keep your step in time (small steps)  
 Back by the L, take hold of her hand (ptrs R in your R)  
 And balance 4 in line (fwd and back balance)  
 Break in the ctr, go half way around and balance your  
 line again.  
 Center break, swing your own  
 And the same 2 ladies chain ---and chain them home again.

*Continued...*

Dance #2 is the same as dance #1 except FIG II is used when a figure is specified.

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