

PENNSYLVANIA POLKA SQUARE
Dance by Cal Campbell & Don Armstrong
(Called by Don Armstrong)



SQUARES

Record: Shaw No. 514

Opener, Middle Break, Closer

- 1-8 Allemande left your corner then, a grand old right and left,
- 9-16 With number five, your partner do sa do -,
- 17-24 Do sa do then shake hands, another grand right & left,
- 25-32 Home you go and then -, do sa do again -,
- 33-40 Back to back around -, step right up & swing p.
- 41-48 Swing - your girl -, and promenade that ring -,
- 49-56 Promenade you've got that, mania -- to do;
- 57-64 The polka from Pennsylvania ---

Figure

- 1-8 Four ladies promenade inside round the ring -,
- 9-16 Twice around the ring you go your partner swing -,
- 17-24 You all swing your partner then the men promenade -,
- 25-32 Once around you go then your partner do sa do -,
- 33-40 Back to back around then swing your corner maid -,
- 41-48 Swing your girl, and promenade that ring,
- 49-56 Promenade you've got that old manis -- to do
- 57-64 The polka from Pennsylvania ---

THE TRAIL OF THE LONESOME PINE
by Don Armstrong



Record: No. 504 (Shaw)

Formation: Square

To sing this call:

(Intro, middle, and ending)

- 1 - 8 Well you walk around your corner, then you bow to your own,
- 9 - 16 Join hands and circle left you roam ---
- 17 - 24 Allemande that corner then you weave that ring,
- 25 - 32 Weave it around till you meet her again,
- 33 - 40 Do-sa-do --, then you take her and swing,
- 41 - 48 Yes, you swing --, promenade her and sing,
- 49 - 54 In the Blue Ridge Mountains of Virginia,
- 55 - 64 On the trail of the lonesome pine ---

(Figure)

- 1 - 8 Two head gents take your corners to the middle and back,
- 9 - 16 Same old four circle left around the track --
- 17 - 24 Left hand star, go back home, right hand swing with your own,
- 25 - 32 Left hand swing with your corner, and you go back home ---
- 33 - 40 Do-sa-do --, take your corner, you'll swing yes, you swing -, promenade her and sing,
- 41 - 48 In the Blue Ridge Mountains of Virginia on the trail of the lonesome pine ---.

Sequence: Repeat the figure for the hand gents, call the middle break, repeat the figure twice for the side gents and call the ending.