

STÁ TRIA

(Greece)

Source: This is a dance which is done in Thessaly, Epiros, and Macedonia in northern Greece. The name describes the "three steps" of the dance. It is described in these two books:

Elliniki Hori, V. Papahristos, (Athina, 1960)  
Folk Dances of the Greeks, T. and E. Petrides,  
(New York, 1961)

Music: 2/4 time. Any good Stá Triá tune can be used. The tunes from Epiros are often heavier in feeling.

"San Pás Malá Móu," Monitor LP  
"Dedeka Meron Nifoula," T'Aidonia LP1 Songs and  
Dances of Epirus

Formation: A broken circle with hands joined at shoulder height, elbows bent and down. The hands should not be pushed fwd into the circle, but should be comfortably back near the shoulders.

Characteristics: It is a dance for both M and W and when done so the feeling is a happy one -- all of the steps are moderate. When it is done as a M's dance, there can be many variations and the steps are larger and more masculine -- heroic in character.

BASIC STEP

<u>Meas.</u>	<u>cts.</u>	2/4 time
I	1	Step sdwd to the R on the R ft.
	2	Step across in front of the R ft on the L ft.
II	1	Step sdwd to the R on the R ft.
	2	Touch L ft in front of R ft (or lift L ft across in front of R).
III	1	Step sdwd to the L on the L ft.
	2	Touch R ft in front of L ft (or lift R ft across in front of L).

Abbreviations added to fit U.O.P. syllabus format.

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