

STARA PLANINSKO
(Jugoslavia)

Record: FR 4102A
Time: 2/4
Formation: Open circle, hands held down

Measure	Pattern
	<u>STEP I</u>
1	With weight on L, touch R slightly to R side (ct 1), touch R next to L and slightly in front of it (ct 2)
2-3	Repeat measure 1 two times
4	Swing heels to R (ct 1), keeping toes in place, swing heels back to place (ct 2)
5	Step fwd R (cts 1&2)
6	Step fwd L
7-8	Stamp R in place two times (cts 1,2)
9	Moving backward, hop on L (ct 1), hop again (ct 2), step R (ct 3)
10	Step L (ct 1), step R (ct 2)
11-12	Repeat measures 9-10, starting hops on R ft
1-12	Repeat Step I
	<u>STEP II</u>
1	Bend L knee slightly (ct 1), strike R heel in place, straightening knee (ct 2), repeat cts 1,2
2-3	Repeat measure 1 twice
4	Repeat measure 4, Step I
5	Step R fwd (ct 1), close L behind R (ct 2), step R fwd (ct 3)
6	Repeat measure 5, starting L
7	Repeat measure 5
8	Step L in place (ct 1) stamp R twice (cts 1,2)
9-12	Repeat measures 9-12, Step I
1-12	Repeat Step II, turning to face RLOD on last step
	<u>STEP III</u>
1-12	Repeat Step II, moving in RLOD
1-12	Repeat Step III

Presented by Tony Shay