

## STARO TIKVEŠKO (Roguzarsko)

**SOURCE:** Introduced at the Skopje Festival of 1947 by a group from Tikveško. It is an old dance from Tikves, in the area of Kavadarci and Negotino. Danced on all holidays and for many special occasions. Dance elements symbolize the preparation of straw (roguzine). Movements demonstrate the tying up and pounding down of the straw to make a soft bed. This is strictly a men's dance.

**MUSIC:** Record: AK-004

**FORMATION:** Line dance with arms extended; hands on neighbors shoulders.

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**METER:** **PATTERN**

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Meas

### Part I

- 1 Step on R going in LOD (ct 1), bend R knee bringing L high in front of it, turning to face ctr (ct 2), swing L knee swd slightly L with slight pliee on R leg. Twice (ct 3).
- 2 Step on L going in LOD (ct 1), turning to face ctr, bring R high in front of bent L knee (ct 2), Swing R knee slightly R with slight pliee on L. Twice (ct 3).
- 3 Same as meas 1.
- 4 Same as meas 2.

### Part II

- 1 Facing ctr of circle, step with R heel diag back to R (ct 1), go down on L knee (ct 2), go down on R knee (ct 3), stand straight up on L ft (ct 4),
- 2 Repeat above meas 1.

Parts I and II continue alternately throughout remainder of fast part of the music. (I, II, I, II, I, II)

### Part III

- 1 Facing ctr of circle, hop on L ft, lifting R ft (ct 1), step on R (ct 2), lift L diag in front of R knee and hop on R, touch L to L of R ft (ct 3), lift L in front of R knee and hop on L ft and step on R (ct 4).

### Part IV

- 1 Hop on R with L lifted in front of R knee (ct 1). step on L in place (ct 2), step on R in place (ct 3), step on L in place (ct 4)

Repeat Part III and IV above alternately until change in pattern of music.

### Part V

- 1 Hop on L lifting R in front of L knee (ct 1), step on R (ct 2), hop on R lifting L (ct 3), step on toe of L and push off and step on R going twd ctr of circle (ct 4).
- 2 Leap on L to L, crossing R in front of L (ct 1), step on R to R and cross L in front of L (ct 2), hop on L crossing R in front of R (ct 3), leap on L to L and bring R to close next to L (ct 4).

### Part VI: In place in ctr of circle.

- 1 Squat while turning diag R (ct 1), repeat to L side (ct 2), still squatting face ctr of circle (ct 3), stand up straight (ct 4).  
Repeat Parts III and IV for 2 meas., going bkwds from ctr of circle twds beginning point.

Repeat Parts V and VI for 2 meas in place to finish.