

SULAM YA'AKOV
Israeli Circle Dance
Jacob's Ladder

MUSIC: Record: Dance with Effi Netser, Vol 2

DANCE: Yonatan Gaba'i

FORMATION: Circle in a simple hold

STEPS: Walk, two-step, grapevine

MUSIC: 4/4

PATTERN

Meas Ct

PART A

- 1 1 two-step sideways to R with R ft
2 2 slow steps to ctr, L,R
3-4 Repeat meas 1-2, Part A reversing ftwk and direction
5-8 Repeat meas 1-4, Part A

PART B

- 1 1-2 Step R to R
3-4 Touch L across R
2 Grapevine; step L behind R, r to R, L across R
3 1-3 Grapevine; Cross R over L, L to L, R behind L and
4 Hold L in air
4 Repeat meas 3, Part B reversing ftwk and direction
5-8 Repeat meas 1-4, Part B

NOTE: When the music changes and tempo speeds up add a light hop
at the beginning of each step.

Presented by Ya'akov Eden