ŠUMENSKO DAJČOVO

Dobrudja Region - Eastern Bulgaria

Source: As learned by Tom Deering at the Koprivštica Festival, Bulgaria, 1991.

- Rhythm: 9/16 counted 1, 2, 3, <u>4</u> Q, Q, Q, S (1-2, 1-2, 1-2, 1-2-3)
- Recording: Any Dajčovo from the Šumen region. This dance can also be done to most of the slower Dajčovos from eastern Bulgaria.
- Formation: Mixed lines of men and women, holding hands. The basic position for the arms is relaxed with elbows bent and the hands at about the same level as or slightly above the elbows. The forearms should be roughly parallel to the floor. When the arms swing, they swing first slightly up then forward and down.

This dance has stamps characteristic of the Dobrudja region. They are solid but gentle, showing the respect an agricultural society would have for the land that nourishes them. The "Scuff" step is a sort of travelling stamp done only by the men. For this step, the women would just step solidly.

The arms swing down and back up only during the last measure of the pattern.

Meas	Ct	The Dance
		Start with weight on L foot
1	1 2 3 4	Facing slightly R and moving R, small Leap onto R Step on L, continuing movement to the R Leap onto R Step on L
2	1 2 3 <u>4</u>	Turning to face center, small Leap onto R Step on L next to or slightly behind R Step on R to R Stamp on L next to R, do not take weight
3	1 2 3 4	Facing slightly L and moving L, Step on L Small Scuff with R next to L (women just step with no weight) Step on R, continuing motion L Small Scuff with L to L (women just step with no weight)
4	1 2 3 4	Facing center and moving L, Step on L to L, starting arm swing down Step on R next to or slightly behind R Step on L to L. Start bringing arms back up Stamp on R in place next to L without weight.

REPEAT the dance from the beginning

Dance Description by Tom Deering

Presented by Tom Deering