

# SWINGOLA

(Old Time English Ballroom Dance)

MUSIC: Record: Mercury 5249, *Cruising Down the River*  
 Piano: *Cruising Down the River*—Beadell & Tolbert Music Publishing Co., Inc.,  
 1619 Broadway, New York 19, N. Y.

FORMATION: Couples in Varsouvienne Position

STEPS: Waltz\*, Walk\*, Step-Close\*, Step-Swing\*

MUSIC 3/4

PATTERN

- | MEASURES |  |
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|          | I. <i>Cross, Swing</i>   |
| 1        | Both step L foot across R turning body slightly to R. (ct. 1).<br>Swing R foot fwd. (cts. 2, 3)  |
| 2        | Step R behind L foot (ct. 1), hold (ct. 2)<br>Step on L beside R (ct. 3)   |
| 3-4      | Repeat action of measures 1 & 2, R foot across L, turning body slightly to L   |
| 5-8      | Repeat action of measures 1-4  |
|          | II. <i>Step-Close and Waltz</i>  |
| 9        | Step directly L on L foot (ct. 1), hold (ct. 2), close R to L, placing weight on R (ct. 3)   |
| 10       | Step L (ct. 1), hold (ct. 2), close R to L, keeping weight on L (ct. 3).   |
| 11       | Repeat action of measure 9, starting R and moving directly to R.   |
| 12       | M steps R (ct. 1), hold (ct. 2), close L to R, keeping weight on R (ct. 3); W steps R (ct. 1), hold (ct. 2), close L to R, placing weight on L (ct. 3).<br>Note: On ct. 3 W turns to face partner and they assume closed position.   |
| 13-16    | M starting L, W R, take 4 waltz steps turning clockwise and progressing counter-clockwise. Finish with M back to center of room, R hips adjacent.  |
|          | III. <i>Step-Close, Step-Swing, Walk</i>   |
| 17-18    | Move toward center of room (M bwd., W fwd.), M steps back L (ct. 1), hold (ct. 2), close R to L, placing weight on R (ct. 3). Step back L (ct. 1), swing R directly fwd. (cts. 2, 3).<br>W steps fwd. R (ct. 1), hold (ct. 2), close L to R, placing weight on L (ct. 3). Step fwd. R (ct. 1). Swing L directly fwd. (cts. 2, 3) |
| 19-20    | Repeat action of measures 17-18 starting opposite feet moving away from center. Finish final swing with W facing counterclockwise, M clockwise, L hips adjacent.   |
| 21-22    | Walk counterclockwise, one step to measure.<br>M steps bwd. L (cts. 1, 2, 3), steps back R, pivoting to L on R to face counterclockwise (cts. 1, 2, 3).<br>W steps forward R (cts. 1, 2, 3), forward L (cts. 1, 2, 3)  |
| 23-24    | Both walk fwd. two more steps, starting M L, W R (cts. 1, 2, 3—1, 2, 3)  |
|          | IV. <i>Waltz, Step-Close, Step-Swing</i>   |
| 25-28    | Still in closed position, partners face each other and take 4 waltz steps turning clockwise and progressing counterclockwise (M starts L, W R). On measure 28 (4th waltz step) M ends facing counterclockwise, W makes half turn R to face counterclockwise and they assume varsouvienne position.                               |
| 29-32    | Repeat action of measure 17-20, both starting forward on L. On measures 29-30 both travel forward (counterclockwise). On measures 31-32, both travel backward (clockwise)  |

Note: *The above recording plays through the dance sequence five times, but a two measure break occurs between the third and fourth sequences. On this break, waltz-balance forward L (cts. 1, 2, 3), waltz-balance bwd. R (cts. 1, 2, 3)*