

SYRTOS KEFALLINIAS

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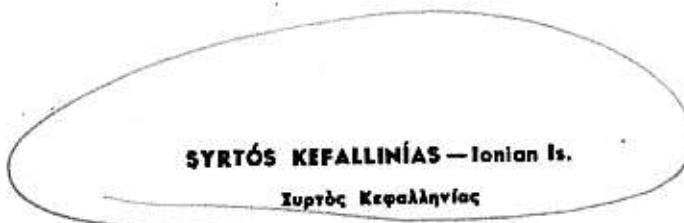
SYRTÓS — Panhellenic

Συρτός

(Line dance, no partners)

Note: A syrtós (from *syro*, σύρω, to pull or more exactly to lead) is a category of dance in which feet remain close to the ground, without leaps, in contrast to a *pidikhtós*, πιδικητός (leaping dance). The syrtós is the most traditional of all the folk dances of Greece. Each region and especially each of the islands, has its own particular style of dancing its syrtós. Some have unique and individual steps. For examples see Kalamatianós, and the following:

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(Line dance, no partners)

Translation: Syrtós from the island of Cephalónia.

Starting Position: "W" position. Right foot frop.

Rhythm: 3/4



Measure

VARIATION I — Basic

- 1-2 J STEP SIDEWARD RIGHT on right foot (count 1),
 J CROSS AND STEP on LEFT foot in BACK of right (count 2),
 J Turning to face slightly right, FOUR WALKING STEPS FORWARD starting with right foot (counts 3-6). *Note:* Sometimes there is a slight HOP on right foot just before the second walking step (left).
- 3 J Turning to face center, LEAP SIDEWARD RIGHT on right foot swinging left across in front (count 1),
 J Moving left, STEP SIDEWARD LEFT on left foot (count 2),
 J CROSS AND STEP on RIGHT foot in FRONT of left (count 3).
- 4 J STEP SIDEWARD LEFT on left foot (count 1),
 J POINT RIGHT TOE ACROSS in front of left (count 2),
 J CHUG* LEFT foot BACKWARD, brushing right heel forward (count 3).

VARIATION II (Music E, only)

- 1-3 As I above.
- 4 J STEP SIDEWARD LEFT on left foot (count 1),
 J POINT RIGHT TOE ACROSS in front of left (count 2), PAUSE (count 3).
- 5 J STEP SIDEWARD RIGHT on right foot (count 1),
 J STEP on ball of LEFT foot just in BACK of right foot (count 2),
 J CROSS AND STEP on RIGHT foot in FRONT of left (count 3).
- 6 J As I above, measure 4.

*CHUG: a sudden, very slight slide of the foot. The feeling of the dance is such that it seems to begin with this chug.