

SYRTOS KEFALLINIAS
(Kefallinia - Greece)

SOURCE: This is a dance from the island of Kefallinia which is in the Ionian Sea, off the coast of western Greece. This version is as it was done by the Greek National Dancers in 1968. Basically, it is the Syrto-Kalamatianos step done to 3/4 (or Tsamikos) rhythm.

MUSIC: Record - Folkraft LP-6. The rhythm is similar to the Tsamikos rhythm. It is interesting that we can find the Syrto type step pattern adapted to many other rhythms.

FORMATION: Hands are joined at shldr ht as in the Syrto. Dancers are in a broken circle with the leader at the R end.

CHARACTERISTICS: The feeling is light and smooth. It is in a medium tempo, but the dancers may add a hop once in a while.

MUSIC: 3/4

PATTERN

MEAS CTS

- | | | |
|---|---|--|
| 1 | 1 | Step sdwd to the R on R ft |
| | 2 | Step behind R on L ft |
| | 3 | Step to R on R ft (turning to face R) |
| 2 | 1 | Step to LOD on L ft |
| | 2 | Step to LOD on R ft |
| | 3 | Step to LOD on L ft |
| 3 | 1 | Leap onto R ft as you swing the L ft in front of the R (facing ctr) |
| | 2 | Step sdwd to the L on L ft |
| | 3 | Step across in front of L on R ft |
| 4 | 1 | Step sdwd to L on L ft |
| | 2 | Touch ball of R ft in front of L ft |
| | 3 | Take a small hop bkwd on the L ft as you slightly swing the R ft fwd.
(This is called a chug step). |

There can be a slight hop on the R ft before meas 2, ct 1.

Presented by John Pappas
Idyllwild Workshop - 1979