

Syrtos Mykonos

(Mykonos, Greece)

This dance is from the Aegean sea island of Mykonos.

Pronunciation: seer-TOHS mee-KOH-noo Translation: Syrtos from Mykonos

Music: 2/4 meter *Timeless Sounds*, Track 10

Formation: Open circle, hands in W-pos.

Steps & Styling Island style, body moves smoothly with bouncy steps and flexing knees, up and down like a wave. A Slow-Quick-Quick rhythm is maintained throughout.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
8 meas		<u>INTRODUCTION.</u> No action.
	I.	<u>TRAVELING.</u>
1		Moving CCW, long step R fwd, bending knees (ct 1); small step L slightly in front of R (ct 2); step R slight in front of L (ct &).
2		Repeat meas with opp ftwk.
3-4		Repeat meas 1-2.
	II.	<u>DANCING IN PLACE.</u>
1		Step R fwd (ct 1); step L to L (ct 2); step R heel fwd, taking wt (ct &).
2		Step L behind R (ct 1); step R to R (ct 2); step L heel fwd, taking wt (ct &).
3-4		Repeat meas 1-2.
	III.	<u>PAS DE BASQUE.</u> Move to T-pos.
1		Step R to R with bent knee (ct 1); step L in place (ct 2); step R heel across R, taking wt (ct &).
2		Step L in place with bent knee (ct 1); step R in place (ct 2); step L heel across L, taking wt (ct &).
3-4		Repeat meas 1-2.
	IV.	<u>PAS DE BASQUE WITH LEAPS.</u>
1-4		Repeat Fig III but the first count is a leap instead of a step.

Sequence: Usually called by line leader. End dance with ft together.

Suggested sequence if not called by line leader:

(Fig I, Fig II three times) three times. Then Fig I, Fig III, Fig IV to the end of the music.

End dance with ft together.

Presented by Lilian Vlandi