

SZATMÁRI TÁNCOK  
(Hungary)

Dances from Szatmár. Dance folklore of the Szabolcs-Szatmár region in northeastern Hungary has been researched more fully than that of any area. Many of the dances recorded decades ago remain alive today. The cycle begins with a verbunk danced in a relaxed improvisatory fashion that belies the military origin of this men's dance. The women can also participate, but in the background, staying close to the partner of their choice, so that they can join their partner when the music changes into the lassú and friss csárdás.

PRONUNCIATION: SAWT-mah-ree Tahnts-OHK

MUSIC: LPX 18031-32, LPX 18007, 18041

FORMATION: Improvisatory style

MOTIFS: VERBUNK: (VEHR-boonk)

1 Knee Bounce:

Starting pos: ft tog, knees slightly bent. Straighten knees (ct 1); bend knees (ct 2); rpt same way.

NOTE: Emphasis on the strightening

2 Heel Click:

Starting pos: ft tog, knees bent and heels turned outward (pigeon-toed). Straighten knees and at same time close/click heels tog (ct 1); bend knees and at same time open/turn heels outward (ct 2).

Rpt same way

NOTE: Emphasis on clicks. The motif can be done with small jumps too.

3 Hop-Step:

Starting pos: wt on L ft. Hop on L ft in place (ct 1); step on R ft fwd or bkwd (ct 2)

Rpt with opp ftwk. With this motif, one can move fwd or bkwd

4 Boot-slapping variations:

a) With Hop-Step motif, R hand hit/slap free leg at inside of boot-top on ea hop

b) Same as a), but add a slap with R hand on R thigh on ea step

c) Same as b), but add a slap with L hand on L thigh btn ea R hand slap

LASSÚ ES FRISS CSÁRDÁS:

1 Three-steps Fwd and Back:

Step on R ft fwd (ct 1); step on L ft fwd (ct 2); step on R ft fwd (ct 3); pause (ct 4)

Rpt with opp ftwk and direction

2 Three-steps Sideways:

Step on R ft to R side (ct 1); step on L ft in place, beside R (ct 2); step on R ft to R side (ct 3); pause (ct 4)

Rpt with opp ftwk and direction

WOMEN: Opp ftwk

3 Rida:

Step on Ball of R ft to R (ct 1); step on L ft across in front of R ft with small knee bend (ct 2); Rpt with same ftwk in same direction. Can be done opp ftwk in opp direction.

*continued...*

SZATMARI TANCOK: (cont'd)

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METER:

PATTERN

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Meas.

INTRODUCTION:

THE DANCE:

This cycle will be taught as a "free-style" improvisational dance.

Presented by Tibor Toghia  
Idyllwild F.D. Camp, 1987

Continued...  
(ERSATA)

45 SZATMARI TÁNCOK (note accents)

Style: The accent is always on the up beat (up on balls of ft on ct 1; down (bend knees) on ct 2)

General rule: Put wt on both ft when making transitions.

Verbunk:

add the following steps:

Csardas: use both double and single

W - Máromugós, see page 43 for step

M - Swager fwd and bkwd, knees tog and body bent.

Hop-Step, add to end of ct 2): with knees bent (ct 2)

Add under hop-step: Variation: Extend free ft fwd and low on hop when moving fwd.

Boot-slapping variations, add:

d) same as (a), except add 1 or 3 claps before hitting boots

e) clap hands, slap R boot top with R hand, clap hands, slap L boot with R hand

f) same as (e), except add, chap hands, slap R heel with R hand (R ft lifted bk and turned out sdwd), clap hands, slap L boot top with L hand.

h) with M L holding back of W's R hand, with R hand; slap R thigh, slap L boot top, slap R thigh, slap R heel with R ft lifted bk and sdwd, slap R thigh (step on R), slap inside of L heel with L knee turned out and L ft crossed in back of R leg.

Heel Step Variations:

a) Step on R heel to R (ct 1); step L behind R (ct &); step R to R (ct 2); reverse ftwk to L. Both hands move freely at chest ht with fingers snapping or clapping 3 times. This step can move fwd, sdwd or turning.

b) same as (a), except with 3 claps and slap inside of R boot top with R hand then L hand on L boot top.

Lassu es Friss Csárdás:

Three-steps fwd and bk, add to end of repeat: Can be started opp ftwk also.

Three-steps sdwd, ct 3:....R side, L lifts sdwd (ct 3)

Add styling note: Bell motion of body for W.

45

Rida, add to end: Close on last step when making transition into next step.

Rida Variation: Do 3 Rida to R (cts 1,&,2,&,3,&); touch R to Lankle (ct 4); step R to R (ct &). Can be done in either direction. The step can also be done with 1 Rida + touch-step. Step is symmetrical.

Friss Variation:

Hand hold: Face ptr with both hands joined in "V" pos.

Additional step variation: hop-step as described on page

45, 2 times; bokázo, 2 times; repeat with opp ftwk.