

# Szot Madziar

(Poland)



Located in the south of Poland on the border with the Czech Republic, the town of Cieszyn is on the trade route known as the “Amber Road” and has therefore adopted the traditions of several cultures over the centuries. The dance known as Szot Madziar is one such dance that has been adopted from Hungarian folklore. The dance has become more and more popular in the Polish Folk community and has been included into the repertoire of many performing ensembles.

Pronunciation: SHOT MAH-djahr

Music: 2/4 meter

*Folk Dances of Poland by Richard Schmidt, Stockton 2012, Track 1*

Formation: Dancers in one circle facing ctr and holding hands

Steps & Styling: Non-partner dance. Movements are exact and precise and dancers should remain erect at all times with straight backs and heads up.

Slider Step Done in two measures.

1 Step R to R (ct 1); step L behind R (ct &); step R to R (ct 2); touch L next to R (ct &)

2 Point L in front (ct 1); point L to L (ct &); touch L next to R (ct 2).

Can be done with opp ftwk and direction.

Crossover Step Done in one measure.

1 Wt on L, step R heel in front of L (ct 1), take wt on R in place while lifting L ft off the floor behind with bent knee (ct &); step back on L in previous pos on the ball of the ft (ct 2); step on L with heel on the floor (ct &).

Can be done with opp ftwk and direction.

This step is followed by either a chassé step or a full turn in the direction of the free ft.

Twist Step A traveling sideways R that takes 5 meas.

1 Lift the toes of both ft off the floor, twist R, and put toes down flat (ct 1); take wt on toes of both ft, lift heels off the floor, twist them to R, and put them down (ct 2).

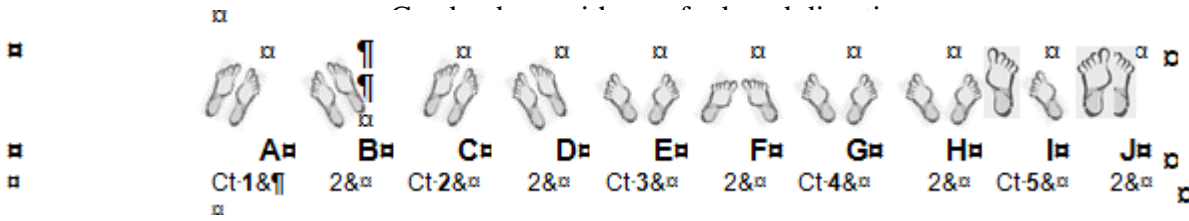
2 Repeat meas 1 (cts 1-2).

3 Slightly lift toes of R ft and turn R so heels remain together (ct 1); slightly lift the toes of L AND the heel of R and turn them to R (ct 2).

4 Repeat meas 3, ct 1 (ct 1); hold (ct 2).

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5 Wt on L, bring R up sharply and step R in front of L with toes pointed to ctr (ct 1); keep knees together while stepping L next to R. (ct 2)



Back Cross Done in one measure.

1 Leap R onto R (ct 1); leap onto L behind R, step R on R (ct &); step L next to R with legs straight (ct 2).

Can be done with opp ftwk and direction.

Polka Hops Done in one measure.

1 Step R fwd (ct 1), step L ft next to R (ct &), step R fwd (ct 2); bring L next to R off the floor. A hopping action should be attained by elevating the individual steps from the floor up onto the ball of the ft and finally by slightly jumping off the floor.

Can be done with opp ftwk .

Accent Step Done in half a measure (cts 1, &).

1 Small jump R to R (ct 1); stamp L next to R with wt (ct &).

Can be done with opposite footwork.

Heel Sway Done in one measure.

1 Step R heel fwd as L heel lifts off floor (ct 1); step on full R ft as L lifts off the floor (ct &); shift wt back on to L toes (ct 2); step back onto full L ft with R lifted slightly off the floor (ct &).

Meas                      2/4 meter                      Pattern

4 meas INTRODUCTION. Dancers stand in a circle, holding hands down in V-pos and ft together. Wait four measure. Then a man yells “HOP!” [“hohp”] to signal the beginning of the dance.

2 meas Curving in slightly, step R to R (ct 1); touch L next to R, curving back (ct 2); step L to L (ct 1); touch R next to L (ct 2).

I. FIGURE I

1-2 Slider step to R.

3-4 Slider step to L.

5 Cross Over step crossing on R.

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- 6 Chassé step to R
- 7 Cross Over step crossing on L
- 8 Hands on hips with fingers together at the front and the thumb extended around waist pointing bkwd. Turn L with three steps and hold.
- II. FIGURE II. Hands in V-pos.
- 1-5 Twist step moving R.
- 6-10 Twist step moving L.
- 11-14 Grapevine moving R: R to R (ct 1); L behind R (ct &); R to R (ct 2); L in front of R (ct &). Total of 15 steps, then L next to R (ct 2) of meas 14. This movement is fast and smooth.
- TRANSITION (Introduction music repeats)
- 1 Rise on toes (ct 1); put heels back on floor (ct &); repeat cts 1, & (cts 2, &).
- 2 Turn R  $\frac{3}{4}$  with 3 steps (R, L, R) and end facing CW, hands in V-pos.
- III. FIGURE III. Hands joined in V-pos except during turns when hands are on hips.
- 1-2 Slider step to R (to ctr ) and make a quarter turn R on meas 2 to finish facing ctr.
- 3-4 Slider step to L (CW) and make a quarter turn R to finish facing CW.
- 5-6 With wt on L ft, Crossover step with R heel crossing in front of L ft (ct 1), take wt on R ft while lifting L up behind (ct &); step back on L (ct 2); turn to R to finish facing ctr (cts 1,&,2)
- 7-8 Back Cross steps one to R then one to L. Hands again on hips.
- 9-10 Hands in V-pos. Two Polka Hop Steps beg with R ft twd ctr.
- 11-12 Two Polka Hop steps bkwd beg with R ft.
- 13-15 Three Polka Hop steps CCW (and facing CCW) beg with R ft.
- 16 Accent step to L twd ctr (cts 1, &); then to the R (ct 2, &); end facing CCW.
- 17-32 Repeat meas 1-16 with opp ftwk and direction (For example, the Slider step in meas 17 is to the L instead of the R), and end facing ctr (ct 2).
- IV. FIGURE IV.
- 1-2 Crossover step on R with Chassé step to R.
- 3-4 Crossover step on L with Chassé step to L, ending with touch with R ft.
- 5-6 Two Heel Sways.
- 7-8 Two Back Cross steps (to R, then to L).

Sequence: Introduction, Figures I-IV (twice), Fig I only.

Presented by Richard Schmidt

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