

SZPACYR POLKA
(Sh-pahts-air Polka)
(Poland)

SOURCE: The dance comes from the Cieszynskie region located around the town of Cieszyn in the Silesian area of south-western Poland. Szpacyr Polka means the walking polka in Cieszynskie dialect.

As learned from Janina Marcinkowa in Cieszyn Poland during October, 1974 while researching in the Silesian area of Poland.

MUSIC: Record: MUZA XL 0670, Side A, Band 6

FORMATION: Cpls in open dance pos side by side facing CCW. M's L
W's R H hand free at side

MUSIC: 2/4 PATTERN

Meas.

1-2 INTRODUCTION

PART I

1-16 M starts L, W R. Skip fwd 32 steps swinging free arm 16 times across in front of body and back to side.

PART II

1 M step close step twd ctr of circle, both hands swinging freely to L side. W on opp ft and in opp direction.
(M-L,R,L; W-R,L,R).

2 Repeat Part II meas 1 on opp ft in opp direction

3-4 In social dance pos. pivot 4 steps travelling CCW around circle.

5-8 Repeat PART II Meas 1-4

9-16 Repeat Part II meas 1-8.

PART III

Social Dance pos.

1-2 Walk fwd 4 steps travelling CCW around circle

3-4 Pivot 4 steps

5-8 Repeat Part III meas 1-4.

PART IV

1-2 All join H's in one circle W on ptr's R. Skip fwd 4 steps travelling CCW. Start M L, W R. *Continued...*

SZPACYR POLKA CON'T

3-4 Skin 4 steps turning 2 turns R. H's are hooked in back on seat during turns.

5-8 Repeat Part IV meas 1-4

9-16 Repeat Part IV meas 1-8

PART V

Social dance pos

1 Walk fwd 2 steps starting M L, W R

2 M - step in place L (ct 1) Step R (ct 2) step L (ct 2 &)
W- as M but on opp ft coming across in front of M

3 Repeat Part V meas 2 on opp ft in opp direction

4 Pivot 2 steps with ptr travelling CCW around the circle

5-8 Repeat Part V meas 1-4

9-16 Repeat Part V meas 1-8

INTERLUDE

1-2 Pivot 4 steps with ptr as in Part I meas 4.

Repeat entire dance from beginning to end of music.

Presented by Glenn Weber
Idyllwild Workshop -