

TA'AM HAMAN
(Israeli)

Ta'am Haman is a Bavarian Jewish tune and is translated to mean "The Taste of Manna". The lyrics and music were written by I. E. Navon, and the dance was choreographed by Yoav Ashriel.

MUSIC: Melodic line: Pamphlet #8, Merkaz Letarbut Ulechinuch, Israel, 1957.

RECORD: Vanguard, VRS-9048, Folk Songs by the Karmon Israeli Singers and Dancers.

FORMATION: Couples in double circle. Face CCW. Hands crossed, R in R, L in L.

STEPS: Yemenite step, sliding step, brush, two-step.

MUSIC: 3/4

Measures	PATTERN
<u>INTRODUCTION</u>	
1-2 I.(a)	Yemenite Step L (ct 1,2,3 - 1,2,3)
3	Step R in front of L, bending knee slightly (ct 1,2,3)
4	Transfer weight back onto L (ct 1,2,3)
5	Again change weight forward onto R (ct 1,2,3)
6	and back onto L (ct 1,2,3)
7-8	Yemenite step R (ct 1,2,3 - 1,2,3)
1-8 repeated	Repeat action of Fig. I, Meas. 1-8
9-10 (b)	With L shoulder to ctr, do 1 sliding step (step-close-step) L (ct 1,2,3 - 1,2,3) This should be a wide step with R ft chasing.
11-12	Brush R ft in front of L (ct 1,2,3) and make a slight dip on L (bend L knee while lifting R knee. Toe is pointed up. (ct 1,2,3)
13-16	Repeat action of Fig. I (b), Meas 9-12. Beginning with R ft and moving away from center of circle.
9-16 repeated	Repeat action of Fig. I (b), Meas. 9-16.
17-18 (c)	Yemenite step L (ct 1,2,3 - 1,2,3)
19-20	Moving fwd CCW with step-close-step (ct 1,2,3 - 1,2,3)RLR
21-24 &	Repeat action of Fig. I (c), three times. (4X in all)
17-24 repeated	
II.(a) Double circle, ptrs face to face, M inside, W outside. Both hands of M hold R hand of W in an upright position or R hands joined at chest height.	
25-32 repeated	Repeat Fig. I (a), Meas. 1-8 and 1-8 repeated. On the forward step M keeps R ft on the outside of W's R, R shoulder to R shoulder.
33-40 repeated	(b) Repeat Fig. I (b) twice. Both begin with L ft. M moves CCW, W CW. R hands are joined with partner. On ct 3 (4 meas) while bending knee M gives L hand to W on his L

Continued...

(R knee is bent and R ft touches ft of new W). W does the same with M on her L, thus forming a chain of joined hands. On the repeat to R, change hands with partner and join hands with new W to M R.

17-24 (c) Repeat Fig. I (c), Meas. 17-24 exactly.

NOTE: The music is written $3/4$ but the pulse or underlying beat of the music is $6/8$.

Complete dance is repeated twice more.