

TAMAR
(Name of a Girl)

FORMATION: Circle, holding hands, moving CW.

PART ONE

1 - 2 Cross r. over l.
3 - 4 Step on r. to r. side.
5 - 6 Step back on r., l.
7 Step forward on r.
8 Hold.
9 - 16 Repeat 1-8 with opposite footwork.

PART TWO

1 - 4 Grapevine step with r. over l. moving CW.
5 Step-cross with r. over l.
6 - 8 Turn CW with l., r., l.
9 - 12 Yemenite r.
13 - 14 Swing-cross l. over r. and step on bent r.
15 - 18 Yemenite r.
19 - 22 Yemenite l.
23 - 34 Repeat 1-12.
35 - 68 Yemenite l., end facing CCW.

PART THREE

MOVING CCW, HOLDING HANDS RAISED AT SHOULDER LEVEL.
1 - 4 Walk forward on r-hold, l-hold.
5 - 8 Walk on r., l., r., hold.
9 - 16 Repeat 1-8 with opposite footwork in same direction.

PART FOUR

1 - 2 Step on r-hold.
3 - 4 Step-pivot on l. to face CW.
5 - 6 Step back on r-hold.
7 Step back on l.
8 Raise r. leg (bent)
9 - 10 Step forward on r.
11 - 12 Two-step forward with l.
13 - 16 Yemenite l.

PART FIVE

FACING CENTER
1 Small circle-leap with r. to r. side.
2 Close with r. next to l.
3 - 4 Touch r. heel twice next to l.
5 - 16 Repeat 1-4 three more times, total of 4 sets.

REPEAT DANCE THREE TIMES.

Third time:

1 - 7 REPEAT PART FOUR, COUNTS 1-7
8 - 9 Raise r. knee.
10 - 12 Two-step with l. forward.
13 - 16 Yemenite l.
17 - 20 Turn CW while traveling on r., l., r.-hold.
21 - 24 Repeat counts 17-20.