

Presented by Moahiko Halevy

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TRANSLATION: Hill of Heroes

PRONUNCIATION:

DANCE & Moshiko Halevy

MUSIC:

RECORD: MIH #6, Side 1, Band 6

FORMATION: Short lines with hands joined straight down and shldrs touching.

STYLING: Dance done in Debka style with bouncy steps.

METER: 4/4

PATTERN

Meas.

INTRODUCTION: 16 cts.

FIG. I:

- 1 Facing ctr, walk bkwd R,L,R (cts 1-3), leap bkwd onto L with R leg extended straight fwd (ct 4).
- 2 Touch R toe to floor (ct 1), touch R heel to floor (ct 2), lift R ft bkwd with bent knee (ct 3), extend R fwd, leg straight (ct 4).
- 3 Moving fwd, step R fwd (ct 1), close L to R (ct &), step R,L fwd (cts 2-3), close R to L (ct 4).
- 4 Touch L toe fwd, with heel twisted to L, body faces slightly R (ct 1), step L in place (ct 2), touch R toe fwd with heel twisted to R body faces slightly L (ct 3), rise R fwd bkwd bending R knee as you pivot on L to face RLOD (ct 4).

FIG. II: (Debka steps - bouncy)

- 1 Facing and moving RLOD, step R fwd (ct 1), stamp L next to R (ct 2), step L fwd (ct 3), stamp R next to L (ct 4).
- 2-4 Repeat meas 1, 3 more times, turn to face ctr on last Debka step.

REPEAT FIG. I & II.

FIG. III:

- 1 Facing and moving fwd, step-hop on R (cts 1-2), step L-R-L fwd (cts &,3,4).
- 2 Facing ctr and moving sdwd to R, hop on L (ct 1), step R to R (ct &), step L next to R with bent knee (ct 2), repeat cts &,2 twice more (cts &,3,&,4).
- 3 Repeat meas 1, moving bkwd.
- 4 Repeat meas 2.
- 5-8 Repeat meas 1-4.

Repeat dance from beginning.