

Țiganește or Csingerálás

(Romani from the Mureș Region of Transylvania, Romania)

This is an arrangement of dance steps from Central Transylvania as danced by Romani (Gypsy) women. Most of the steps are danced by men as well. I have chosen to present this dance as a set choreography for teaching purposes, in the hope that the steps or "kinetic motifs" will ultimately find their way into freestyle dancing.

Music: Festival 2008 CD

Formation: Dancers standing in a circle with hands either holding ends of skirts or aprons, or hands in front of shoulders snapping fingers.

METER: 2/4

PATTERN

Meas

REST STEP

- 1 TOUCH RFT slightly fwd (ct 1); STEP RFT in place (ct 2).
- 2 TOUCH LFT slightly fwd (ct 1); STEP LFT in place (ct 2).
- 3-4 Repeat action of meas 1-2.
- 5 STEP RFT across and in front of LFT (ct 1); STEP LFT to L (ct 2).
- 6 TOUCH RFT in front of LFT (ct 1); STEP RFT slightly to R (ct 2);
- 7-8 Reverse ftwk and direction of meas 5-6.
- 9-12 Repeat action of meas 1-4.
- 13-14 TURN CW TO R in place with 4 waning steps RFT, LFT, RFT, LFT, (cts 1, 2, 1, 2).
- 15 STEP RFT in place on whole ft (ct 1); STEP LFT beside RFT (ct &); STEP RFT in place (ct 2);
*Note: this step will be referred to as a *CIFRA*, and is done fairly flat-footed.
- 16 Reverse ftwk of meas 15 in place *CIFRA* LFT.

FIGURE I

- 1 LEAP RFT slightly to R (ct 1); CROSS and STEP LFT in front of RFT (ct &); STEP RFT back in place (ct 2); *CIFRA* R.
- 2 STEP LFT to L (ct 1); CLOSE/CLICK RFT to LFT (ct 2).
- 3-4 Repeat action of meas 1-2.
- 5 HOP slightly on LFT in place (ct 1); STEP RFT slightly fwd (ct &); STEP LFT in place (ct 2).
- 6 HOP slightly on LFT in place (ct 1); STEP RFT slightly back (ct &); STEP LFT in place (ct 2).
- 7 TWIST HEELS (together) to R (ct 1); TWIST HEELS to L (ct 2).
- 8 Repeat action of meas 1 of Figure I.
- 9-16 Repeat action of meas 1-8 of Figure I.
- 17-32 Repeat action of Figure I.

FIGURE II

- 1 STEP RFT fwd with slight accent (ct 1); STEP LFT back to place (ct 2);
- 2 *CIFRA* R in place, STEP RFT in place (ct 1); STEP LFT in place (ct &); STEP RFT in place (ct 2).
- 3-4 Reverse ftwk of meas 1-2 of Figure II
- 5 STEP RFT across and in front of LFT with a slight slapping motion (ct 1); STEP LFT slightly to L (ct &); STEP RFT in front of LFT (ct 2); STEP LFT slightly to L (ct &);
- 6 STEP RFT in front of LFT (ct 1); STEP LFT to L (ct &); STEP RFT slightly to R (ct 2).
- 7-8 Reverse ftwk and direction of meas 5-6 of Figure II.
- 9-16 Repeat action of meas 1-8 of Figure II.

- 17 HOP Fwd on LFT (ct 1); STAMP RFT in front of LFT with weight (ct &); STEP LFT fwd beside RFT (ct 2); STAMP RFT to R side (ct &);
- 18 STEP LFT fwd beside RFT (ct 1); STAMP RFT in front of LFT (ct &); STEP LFT fwd with accent beside RFT (ct 2).
- 19 STEP RFT back (ct 1); STEP LFT back (ct 2).
- 20 *CIFRA* R in place (cts 1,&,2).
- 21-24 Reverse action (ftwk) of meas 17-20 of Figure II
- 25-32 Repeat action of meas 17-24.

FIGURE III

- 1 Moving slightly fwd, BOUNCE on LFT and TOUCH R HEEL fwd turning R KNEE out slightly (ct 1); BOUNCE on LFT again and LIFT RFT slight to R and turn R KNEE in slightly (ct &); STEP RFT beside LFT (ct 2).
- 2 Reverse ftwk of meas 1 of Figure III.
- 3-4 Repeat action of meas 1-2 of Figure III.
- 5 STEP RFT in place turning slightly R (ct 1); STEP LFT in place (ct &); STEP RFT in place (ct 2); TAP L HEEL beside RFT (ct &).
- 6 Reverse ftwk and action of meas 5 of Figure III.
- 7-8 Repeat action of meas 5-6 of Figure III.
- 9 Moving to L, HOP on LFT keeping RFT close to LFT (ct 1); STEP RFT slightly back (ct &); STEP LFT to L (ct 2); SCUFF R HEEL fwd and to R (ct &);
- 10-11 Repeat (continue) action of meas 9 of Figure III.
- 12 Repeat action of cts 1, & of meas 9 (cts 1, &); STRIKE L HEEL in place (ct 2).
- 13-16 Reverse action (ftwk and direction) of meas 9-12 of Figure III.
- 17 With wt on balls of both feet (together), SCISSOR-SLIDE RFT fwd and LFT back (ct 1); SCISSOR-SLIDE LFT fwd and RFT back (ct &); Land with wt on both feet and RFT slightly fwd LFT back (ct 2).
- 18 Reverse action of meas 17 of Figure III.
- 19-20 Repeat action of meas 17-18 of Figure III.
- 21-22 Repeat action of meas 17-18 of Figure II.
- 23-24 TURN CW 360° to R back to place with flat-footed *CIFRA* R and *CIFRA* L.
- 25-32 Repeat action of meas 17-24 of Figure III.

FIGURE III (MEN'S FIGURES)

- 1 Facing center, HOP on LFT and KICK RFT (Leg extended) fwd (ct 1); STEP on RFT in front of LFT (ct 2);
- 2 HOP on RFT in place and LIFT LFT up behind RFT sharply (ct 1); STEP LFT beside RFT (ct &); STEP RFT beside LFT (ct 2).
- 3-4 Reverse ftwk of meas 1-2
- 5-8 Repeat action of meas 1-4.
- 9 HOP on LFT slightly to L and *Bokazo* click R HEEL against LFT (ct 1); Repeat action of ct 1 of meas 9 (ct 2);
- 10 STEP RFT slightly to R (ct 1); CLOSE LFT to RFT (ct &); STEP RFT in Place (ct 2)> This is a *Cifra*
- 11-12 Reverse action of meas 9-10.
- 13-16 Repeat action of meas 9-12.
- 17 On ct & before ct 1, clap hands together with L hand brushing down to Slap L hand against L upper thigh on ct "uh" before ct 1, LIFT R LEG up and fwd (leg extended) and SLAP R hand against R shin (ct 1); CLAP hands together (ct &); CLAP hands together and STEP RFT beside LFT (ct 2); SLAP R hand against R upper thigh (ct &);

- 18 SLAP L hand against raised and fwd extended L shin (ct 1); CLAP hands together in front of chest (ct &); CLAP hands together and STEP LFT beside Rft (ct 2); repeat action of cts &, "uh" before meas 17 (cts &, "uh");
- 19-22 Repeat action of meas 17-18.
- 23 Repeat action of cts &, "uh" ,1 of meas 17 (cts &, "uh", 1) LEAP onto RFT in place and SLAP R hand against L heel behind R knee (L knee is bent and turned out) (ct 2);
- 24 KICK LFT low and fwd in preparation for a leap onto it (ct 1); LEAP onto LFT in place and SLAP R hand against R shin extended fwd (ct 2).
- 25 With wt on LFT, SLAP L hand against L upper thigh and R hand against extended R shin simultaneously (ct 1); STEP RFT fwd (ct &); STEP LFT fwd (ct 2); SLAP L hand against L thigh and R hand against extended R shin (ct &);
- 26 STEP RFT fwd (ct 1); STEP LFT fwd (ct &); SLAP L hand to L thigh and R hand to extended R shin (ct 2); HOLD (ct &).
- 27 STEP RFT back (ct 1); CLAP hands together (ct &); STEP LFT back (ct 2); CLAP hands together (ct &);
- 28 STEP RFT back (ct 1); CLAP hands together twice (cts &, 2).
- 29-32 Repeat action of meas 25-28.
- 33 JUMP fwd onto both feet (ct 1); HOLD (cts &, 2); JUMP fwd onto both feet (ct &); (This is done with a strong, driving accent).
- 34 HOLD (cts 1,&); JUMP fwd onto both feet with a strong accent (ct 2); HOLD (ct &)

Suggested sequence: REST, FIGURE I, REST, FIGURE II, REST, FIGURE III, Repeat from beginning.