

TIMONIA  
Russia

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TIMONIA comes from the region of the Ural Mountains. The name Timonia (Tee-MOH-nya) commemorates Timothy who was the father of Ermak, the discoverer of Siberia. SOURCE: Anatol Joukowsky; Stockton, 1970.

MUSIC: Record: NATIONAL 4525 B

FORMATION: Broken circle of ptrs, W to L of M. Hands are joined & held low. Leading M's R hand is free & last W has back of L hand on hip.

STEPS: Basic Pattern: (6 Meas) Walk in designated direction R,L, R,L (Meas 1,2). Con't step R (Meas 3, ct 1). Stamp L beside R, no wt (ct 2). Walk L,R,L,R (Meas 4,5). Almost in place stamp lightly L,R,L (Meas 6, cts 1,&2). Pattern always starts R.

Prysiadka: (3 Meas) From standing pos, squat to heels, hands crossed between knees with palms turned in (Meas 1). Spring to standing pos with wt on R & L heel a little fwd (Meas 2, ct 1). Arms are extended to side about hip ht. Hold pos for Meas 2, ct 2 & Meas 3. On the repeat of the prysiadka the wt would be on the L with the R heel on the floor.

Musica: 4/4 & 2/4

PATTERN

Meas

1-4 (4/4) INTRODUCTION

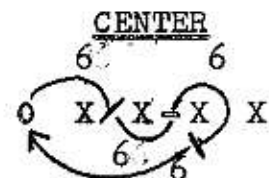
(2/4) FIG. I: BASIC PATTERN IN LOD, TO CTR, IN LOD.  
1-12 Moving in LOD (CCW) dance Basic Pattern twice.

13-24 Facing ctr, dance 1 Basic Pattern twd ctr & 1 Basic Pattern moving bkwd away from ctr. Going in joined hands may raise a little & resume orig pos on backing out.

25-36 Moving in LOD dance Basic Pattern twice.

FIG. II: WOMEN SERPENTINE

1-12 W: Complete Fig. takes 24 walking steps starting R ft. Backs of hands are on hips & shos lead naturally. Make an arc to go in front of ptr & then between ptr & 2nd M (6 steps). Continuing, make an arc behind 2nd M to end between 2nd & 3rd M (6 steps). Make an arc to go in front of 3rd M & then between 3rd & 4th M (6 steps). Go behind the M's line to end in orig place (6 steps). The first 2 W in line dance the described floor pattern even if there is no M standing there.



M: Stand in place with wt on L ft & hands clasped behind back. Straighten knees on Ct 1. Relax knees on ct 2. Con't this action for the 12 Meas. At the end of Meas 12 all rejoin hands in the line.

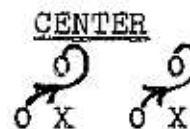
*continued...*

## FIG. III: BASIC PATTERN

1-12 Moving in LOD, dance Basic Pattern twice.

## (4/4) FIG. IV: BRUSH STEP

1-2 W: With back of hands on hips, walk 8 small steps, moving fwd & a little to R. Make a 1/2 turn L (CCW) at end to face ptr.



M: Stand in place with hands clasped behind back for Meas 1-4.

3 W: Stamp R (ct 1). Brush L ft fwd (ct 2). Brush L ft diag R bkwd across R ft (ct 3). Brush L ft diag fwd L (ct 4).

4 W: In place step L,R,L (cts 1-3). Place R ft a little fwd (ct 4).

5-6 M: Repeat action of W brush step (Meas 3, FIG. IV) twice. Start with stamp on R & do the repeat starting with stamp on L.

W: Stand in place with backs of hands on hips for Meas 5-8.

7-8 M: With 8 steps beg R move twd W. At very end W turn CCW so all may rejoin hands to reform the line.

## (2/4) FIG. V: BASIC PATTERN

1-12 Moving in LOD dance Basic Pattern twice. If necessary, move the line away from the ctr of the hall.

## FIG. VI: W PROMENADE &amp; M PRYSIADKA

M: Meas 1-12; In place dance 4 Prysiadkas.

1-3 W: With back of hands on hips, move fwd twd ctr with 6 small steps beg R.

4-6 W: Make a 1/4 turn L & walk 5 steps beg R. Finish with stamp of L ft next to R, no wt.

7-9 W: Make a 1/4 turn L & walk 5 steps beg L. Finish with stamp of R ft next to L, no wt.

10-12 Make a 1/4 turn R & walk 6 steps to rejoin M in the line.

## FIG. VII: BASIC PATTERN

1-12 Moving in LOD dance Basic Pattern twice.

68 Meas Repeat action of FIG. II-VII.

## FIG. VIII: FINALE

1 Moving in LOD run 3 small steps R,L,R (cts 1,&,2). Stamp L next to R, no wt (ct &).

2 Repeat action of Meas 1, FIG. VIII, starting L ft.

3-4 Repeat action of Meas 1-2, FIG. VIII.

5 Repeat action of Meas 1, FIG. VIII.

6 Almost in place stamp L,R,L (cts 1,&,2). Hold (ct &).

7-12 Repeat action of Meas 1-6, FIG. VIII.