

Trei Păzeste de la Bistret

(Romania)

Trei Păzeste means “three times be careful;” it is a common dance type with many variants. This Trei Pazeste comes from the village Bistret in Oltenia. It was presented by Sunni Bloland ant the 1981 Kolo Festival.

Pronunciation: TRAY puh-ZESH-tay day lah bee-STRET

Record: Hai La Joc, Noroc Vol. I, Side A/3.

2/4 meter

Formation: Short lines of men and women. Hands on shoulders, T-pos.

Meas

Pattern

16 meas

INTRODUCTION

- A 1 Step bkwd R (ct 1); step bkwd L (ct &); step fwd R (ct 2); scuff L fwd (ct &).
 2 Stamping step L fwd (ct 1); stamp R {ct 2}.
 3-8 Repeat action of meas 1-2 three times (four times in all).
- B 1 Facing ctr, Grapevine RLOD stepping R across in front (ct 1); step L (ct &); step R across in back (ct 2); step L (ct &). All front crossing steps are taken on the heel.
 2 Continue Grapevine by repeating action of meas 1.
 3 Continuing RLOD, step R across in front (ct 1); step L (ct &); step R across in front (ct 2); step L (ct &).
 4 Step R across in front (ct 1); step L (ct &); step R in place (ct 2).
 5-6 Repeat action of meas 3-4 with opp ftwk and direction.
 7-8 Repeat action of meas 3-4.
- C 1 Facing ctr, leap L in place as R leg circles from back to front (ct 1); step R across in front (ct 2); step L in place (ct &).
 2 Step R next to L (ct 1); step L across in front (ct &); step R in place (ct 2).
 3-4 Repeat action of meas 1-2.
 5 Repeat action of meas 1.
 6 Step R next to left (ct 1); cross L in front (ct &); step R in place (ct 2); step L slightly bkwd (ct &).
 7-8 Repeat action of meas 3-4, Phrase B (seven crossing steps to L).
- D 1-8 Repeat action of meas 1-8, Phrase B, with opp ftwk and direction.

Presented by Suzanne Rocca-Butler