

TRILISESTI  
Romania

(Trili - Shesht)

Source: Martin Koenig, as he learned the dance in the village of Monasterea Humorlui, Moldavia, Romania, & village Pirtesti, Moldavia, Romania. Notes written originally by Larry <sup>Weiner</sup> and rewritten to clear them of jargon by Tink Wilson.

Formation: Long lines facing CCW. Unless otherwise noted outside hand is always on insied shoulder of person in front of you, inside hand Swings free.

Rhythm: 2/4

Records: Balkan-Arts MK-6H, side 1 band 7.

Styling: Steps are very lively, when walking no scuffing of feet and lean fwd into person in front of you.

Meas. Ct.

1-16 Figure I - "Plimbarii" (walk) <sup>32</sup>  
(Facing and moving LOD) walk ~~64~~ steps (Beg. LF).

Figure II - "Pinten Sus" (clicks)

Men

- 1 1 (Facing Ctr, hands held down at sides and ft together) Jump in pl on both ft, knees flexed.
- 2 2 Bounce twice on heels (straightening and locking knees).
- 2 1 Jump to stride position
- 2 & Jump up, clicking heels.
- 2 2 Jump again to stride pos
- 2 & Jump up again, clicking heels.
- 3-16 Repeat (total of 8 times) but on last one omit final stride-click and end with feet together.

CUE: Down-Bounce-Bounce-Apart-Click-Apart-Click

S - Q \* Q - Q - Q - Q - Q

Women

- 1 1 (Facing Ctr hands held down at sides and ft together) Jump in pl on both ft, knees flexed.
  - 2 2 Bounce twice in place on both heels, straightening and locking both knees
  - 2 1-2 Jump down in pl on both ft, knees flexed, twice
  - 3-16 Repeat (total of 8 times)
- CUE: Down - Bounce - Bounce - Down - Down
- S - Q - Q - S - S

Figure III - ("Plimbarii" with stamps. Can be done facing either CW or CCW).

- 1 1 Step fwd on L ft
- 2 & Stamp " " RF
- 2 2 Step " " RF
- 2 & Stamp " " LF
- 2 1 Step " " LF
- 2 & Stamp " " RF
- 2 2 Stamp fwd again on RF, this time taking wt
- 3-16 28 steps fwd (Beg LF).

*Continued...*

Figure IV - "Trei Batuta Trei"

- 1 1 (Facing Ctr, hands held down at sides) step sdwd to L on LF  
 & Step on RF beside L  
 2 Step sdwd to L on LF  
 & Stamp Rf next to LF.  
 2-7 Repeat the above, alternating dir and ftwk (Total 7 times L,R,L,R,L,R,L)  
 8 1 "Chuckche" in pl on L  
 & Stamp RF in pl, no wt  
 2 Stamp RF in pl taking wt  
 9-16 Repeat meas 1-8

Figure V - "Batuta Sinchop"

- 1 1 (Facing Ctr, hands held down at sides) step sdwd to L on LF  
 & Step on RF beside L  
 2 Step sdwd to L on LF  
 & Stamp RF next to LF  
 2 1 "Chuckche" in pl on L  
 & Stamp RF in pl, no wt  
 3-13 1/2 Repeat the above, alternating dir and ftwk (Total: 8 times: L,R,L,R,L,R,L,R)  
 13 1/2-16 Begin Plimbarii with Stamps (add whatever steps are necessary to fill out following walking sequence).  
Figure VI - "Pinten Sinchop"

Men

- 1 1 (Facing Ctr, hands held down and ft together) jump down in pl on both heels, knees flexed (straightening & locking knees) bounce in pl on both heels.  
 2 & Jump with ft apart  
 2 1 Jump up, clicking heels  
 & Come down on both ft together  
 2 Jump with ft apart  
 & Jump up clicking heels  
 3-16 Repeat the above 7 more times, except last time omit last stride-click.  
 CUE: Down-Bounce-Apart-Click-Down-Apart-Click  
 S \*Q - Q - Q - Q - Q - Q

Women

- 1 1 (Facing ctr, hands held down and ft together) jump in pl, ~~knees straightening and locking knees,~~  
 2 Bounce in pl on both heels, straightening knees and locking them  
 2 & 1 Jump again on both Ft, knees flexed  
 & Straightening and locking knees, bounce in pl on both heels  
 2 Jump in pl, knees flexed.  
 CUE: Down-Bounce-Down-Bounce-Down  
 S - Q - S - Q - S

N.B. - continue Fig VI to end of Dance.