

Triti Puti Buenek

Folk dance from the Trakiya (central) region of Bulgaria

Source: DortheaMigliori, Santa Fe and Albuquerque folk dancer;

Meter: 2/4

Style: Simple, energetic, elegant. There are many versions of TritiPuti; this is perhaps the simplest. Much of the pleasure in this dance is simply walking to and listening to the wonderful music (I wish I knew its source).

Formation: hands joined down in a line or half circle. Begin facing right of center.

Meas

- 1 Moving and facing right of center, step R, while bringing arms up into "W" hold (1); L, continuing to walk fwd, arms in "W" hold (2);
- 2 Still moving in diagonally right of center, step R (1); Facing center, touch L next to R (2);
- 3 Back on L(away from center), arms move down and swing back (1); Back on R, arms swing forward (2);
- 4 Back on L, arms swing back (1); Touch R next to L, arms hold (stay back)(2);
- 5 Fwd on R (towards center), arms start to move up to "W" position (1); Touch L next to R, arms in "W" hold (2);
- 6.-7. Repeat measures 3.-4.;

Notes: The first three steps face and move diagonally right of center. The remainder of the dance faces center and moves toward or away from center. Take vigorous steps moving in, smaller ones moving out.