



TROIKA
Russian Trio Dance

FORMATION-
A circle of "Threes" facing counterclockwise.
Trios formed by one boy and two girls; one girl and two boys; all boys or all girls.

STARTING POSITION-
Hands joined in lines of "Threes", center dancer joining inside hands with partner on each side. Right foot free.

MEASURES

I.
1-4 FOUR RUNNING STEPS DIAGONALLY forward TO RIGHT, starting with Right foot,
5-8 FOUR RUNNING STEPS DIAGONALLY forward TO LEFT, starting with Right foot,
9-12 EIGHT RUNNING STEPS FORWARD, starting with Right foot.

II.
1-5 Center dancer and Left-hand partner raise joined hands to form an arch and run in place while RIGHT-HAND PARTNER, with eight Running steps, passes in front of center dancer, goes UNDER THE ARCH, around the center dancer and returns to place. The center dancer unwinds by turning under the raised arm.

6-8 LEFT-HAND PARTNER runs UNDER THE ARCH formed by center dancer and Right-hand partner, repeating pattern of Measures 5-6.

III.
1-4 CIRCLE LEFT, in groups of "Threes", with twelve Running steps, ending with THREE STAMPS in place,
5-8 CIRCLE RIGHT with twelve Running steps, opening out at the end to re-form lines of "Threes" facing counterclockwise, and end with THREE STAMPS in place.

-AS PROGRESSIVE-
1-2 SAME AS ABOVE.

3-6 CIRCLE RIGHT, in groups of "Threes", with eight Running steps, finishing with center dancer facing counterclockwise.

7-12 Center dancer runs under partners' joined hands, releasing them to advance to two new partners ahead. Right and left-hand partners run in place while waiting for new center dancer to join them.

Repeat entire dance with new partners each time.

Note: Troika, in Russian, means a team of three horses abreast.

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Dance Descriptions by OLGA KULF
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