

1968 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by: Elsie Dunin

TRUSA

(Bosnia, Yugoslavia)

SOURCE: Learned by Elsie Dunin from Jelena Dopuda at a seminar on Dinaric Mountain Dances in Yugoslavia, 1967

A "silent dance" (no vocal or instrumental accompaniment)

FORMATION: Open circle, with leaders on R end. Joined hands are held down at sides. Each Figure is repeated until the leader changes to a new figure in any order. Style note: Steps are large and wide, and all movements are performed heavily and deliberately.

PATTERN

6/4

Ct FIGURE I

- 1 Facing slightly R LOD, leap fwd R
- 2 Leap fwd L
- 3 Leap fwd R
- 4 Hop on R, swinging L leg fwd diag to R
- 5 Facing ctr, leap L to L side
- 6 Hop on L, swinging R fwd diag to L

FIGURE II

- 1-2 Repeat Fig I cts 1-2
 - 3 Leap onto both ft, traveling R
 - 4 Jump on both ft in place
 - 5 Jump on both ft facing diag L of ctr
 - 6 Jump in place (~~Jumps are flat-footed~~)
- } JUMPS ARE FLAT FOOTED

FIGURE III

- 1-2 Repeat Fig I, cts 1-2
- 3 Leap fwd onto R, step L ft to R R (ct &)
- 4 Step R ft in place next to L
- 5 Turning to face diag L, leap onto L ft in place, step R ft in place next to L (Ct &)
- 6 Step L ft in place (Steps are flat-footed)