

# Tâkanata

(Northeast Bulgaria)

Dance from the village of Bjala Reka near Veliko Târnovo. Observed at Koprivštica Festival, 1971. The dance has a noticeable flavor of nearby southern Romania.

Pronunciation: TUH-kah-nah-tah

Music: Yves Moreau CD YM-UOP-07, track 2

2/4 meter

Formation: Short mixed lines (2-8 dancers). Hands joined down in V-pos. Face ctr. Wt on L.

Styling: Light and happy.

Meas

Pattern

8 meas

INTRODUCTION (Instrumental music). No action.

I. SIDE OR REST STEP

- 1 Step on R to R (ct 1); step on L behind R with marked flexion (ct 2).
- 2 Step on R to R (ct 1); close L to R (ct 2).
- 3 Step on L to L (ct 1); close R to L (ct 2).
- 4 Repeat meas 3.

II. FORWARD AND BACK

- 1 Starting with R and moving twd ctr, with upper body leaning slightly fwd, do a "two-step" starting with R (cts 1,&,2).
- 2 Do another "two-step" starting with L (cts 1,&,2).
- 3 Sharp jump onto both ft together (ct 1); hop on R, lifting and twisting L knee across R (ct 2). Dancers may shout, "hey, hohp!"
- 4 Hop on R straightening body (ct 1); step back on L (ct &); step back on R (ct 2).
- 5 Still moving back, do three steps, L-R-L, ending with R ft "flicking" out to R (cts 1,&,2).
- 6 Sharply close (click) R to L (ct 1); release wt sharply onto L, "flicking" R out to R (ct 2).
- 7 Repeat meas 6. At all times during 'flick and click,' feet are parallel.
- 8 Step on R slightly across L (ct 1); step onto L in place (ct &); step slightly back on R (ct 2); step onto L in place (ct &).
- 9 Step on R slightly across L (ct 1); step on L in place (ct &); step slightly back on R (ct 2); step on L slightly in front of R (ct &).
- 10 Step on R in place (ct 1); step on L next to R (ct &); step on R slightly across L (ct 2); step on L in place (ct &).
- 11 Light jump onto both ft (ct 1); hop onto R, simultaneously kicking L ft fwd and pointing down (ct 2).
- 12 Repeat meas 11 with opp ftwk.

NOTE: Leader calls change of Fig at will.

Repeat dance from the beginning

Presented by Yves Moreau