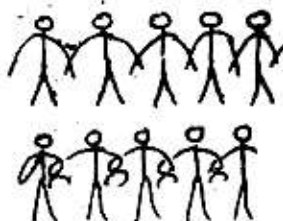


U ŠEST (KORAKA) -- Serbia (Šumadija)
 (Line dance, no partners)

Folkraft 1547x45A&B
 Folkraft 1497x45B (Moravac)




Translation: In six (steps); ~~no one knows where~~ *U šest (koraka)*
 "six" steps are.

STARTING POSITION: "V" position; OR left hand on hip or in pocket (or left thumb hooked in sash or belt, or in vest) and right hand in crook of neighbor's left elbow. Right foot free.



Music 2/4



Measure

- 1 [ Facing slightly and moving right, two walking steps (right, left) forward (counts 1-2).
- 2-4 [ Turning to face center, three STEP-TOUCHES sideward (right, left, right).
- 5-8 [ REPEAT pattern of measures 1-4 reversing direction and footwork.






VARIATION Ia -- Basic

Note: There is often a quick FLEX (bend-and-straighten) of knee on each upbeat (counts and-ah, etc.), occasionally on both downbeat and upbeat (counts 1-ah and-ah, etc.).




VARIATION Ib -- Bend knees

- 3-4 [ As Ia above, except:
 Bend knees (count 1), straighten knees (count 2), and REPEAT (counts 3-4);
- OR
- [ Pause (count 1), bend knees (count 2), straighten knees (count 3), bend knees (count 4).

VARIATION Ic -- Step bounce-bounce

- 1 [ As Ia above.
- 2 [ Facing slightly right, close and STEP BOUNCE-BOUNCE (right) in place.
- 3 [ Bend knees, lowering heels (count 1),
 Straighten knees and BOUNCE-BOUNCE (counts 2-and).
- 4 [ REPEAT pattern of measure 3.
- 5-8 [ REPEAT pattern of measures 1-4 reversing direction and footwork.


VARIATION IIa -- Step hop-step

- 1 [ Facing slightly and moving right, STEP HOP-STEP (right) forward.
- 2-4 [ Turning to face center, three STEP BOUNCE-BOUNCES sideward (right, left, right) OR three DELAYED PAS DE BASQUES (right, left, right) in place.
- 5-8 [ REPEAT pattern of measures 1-4 reversing direction and footwork

continued..


VARIATION IIb -- Step hop-step crossing in back

As IIa above, except:

- 1  Facing center, step sideward right on right foot, bending knees slightly and kicking left foot slightly forward (count 1),
Hop on right foot swinging left foot around in back (count 2),
Cross and step on left foot in back of right (count and).

VARIATION IIc -- Three step hop-steps


- 1-3 REPEAT pattern of Variation IIb measure 1 a total of three times.

- 4  One STEP BOUNCE-BOUNCE or DELAYED PAS DE BASQUE (right).

- 5-8 REPEAT pattern of measures 1-4 reversing direction and footwork.


VARIATION IIIa -- Quick crossing steps in front

As IIa above, except:

- 1  Step sideward right on ball of right foot (count 1),
Cross and step on ball of left foot in front of right (count and),
and REPEAT (counts 2-and).

VARIATION IIIb -- Quick crossing steps in back



As IIa above, except:

- 1  Step sideward right on right foot (count 1),
Cross and step on ball of left foot in back of right (count and),
and REPEAT (counts 2-and).

OR

Combine with IIIa above, crossing in front then in back, or vice versa.



VARIATION IV -- Sevens (and threes)

- 1-2  Step sideward right on ball of right foot (count 1),
Cross and step on left foot in front (or in back) of right (count and),
 and REPEAT twice (3 times in all) (counts 2-and 3-and),
Step sideward right on right foot (count).

- 3-4 As IIa above.





- 5-8 REPEAT pattern of measures 1-4 reversing direction and footwork.

VARIATION V -- Quick crossing + skipping reel steps





- 1  As IIIa above, quick crossing steps in front.
- 2-4  Five SKIPPING REEL STEPS starting with hop on left foot (counts ah-1, ah-2, ah-3, ah-4, ah-5),
Step sideward left on ball of left foot (count 6),
Cross and step on ball of right foot in front of left (count and).
- 5-8 REPEAT pattern of measures 1-4 reversing direction and footwork.

continued...

VARIATION VI

- | | | |
|-----|---|---|
| 1 |  | Step diagonally forward right on right foot (count 1), Cross and a sudden step on left foot in front of right, bending both knees (count 2). |
| 2 |  | Step slightly sideward right on right foot (count 1), Cross and step on left foot in front of right (count and), Step sideward right on right foot (count 2). |
| 3 |  | Hop twice on right foot (counts 1-and), tapping ball of left foot forward on the first hop (count 1), Close and step on left foot beside right (count 2). |
| 4 |  | REPEAT pattern of measure 3 reversing direction and footwork. |
| 5-8 | | REPEAT pattern of measures 1-4 reversing direction and footwork. |

VARIATION VII after Var. I

- | | | |
|-----|---|---|
| 1-4 | | As I above. |
| 5 |  | Step diagonally forward on left foot (count 1), Cross and step on right foot in front of left (count 2). |
| 6 |  | One DELAYED TWO-STEP (left) backward. |
| 7 |  | One DELAYED PAS DE BASQUE (right). |
| 8 |  | Facing slightly and moving right, one DELAYED TWO-STEP (left). |

Continued...

GLOSSARY OF TERMS FOR U ŠEST

BOUNCE-BOUNCE (♫): With weight on balls of both feet and heels raised slightly, lower heels twice (counts 1-and).

DELAYED PAS DE BASQUE (RIGHT) (♫ ♫): Step sideward right on right foot (count 1), pause (count and), cross and step on right foot in front (or in back) of right (count 2), step back on right foot in place (count and). Repeat, reversing direction and footwork, for Delayed Pas de Basque (Left).

DELAYED TWO-STEP (LEFT) (♫ ♫): Step on left foot (count 1), pause (count and), close and step on right foot beside left (count 2), step on left foot (count and). Repeat, reversing footwork, for Delayed Two-Step (Right).

FLEX KNEE (♫): Bend knee slightly (count 1), straighten knee (count and).

SKIPPING REEL STEP (RIGHT) (♫ ♫): A hop-step in an uneven rhythm pattern: Hop on left foot (count "ah" before count 1), cross and step on left foot in back of right (counts 1-and). Repeat, reversing footwork, for Skipping Reel Step (Left).

STEP BOUNCE-BOUNCE (RIGHT) (♫ ♫): Step sideward right on right foot, bending knees (count 1), begin to close left foot to right, raising right heel slightly (count and), straighten knees and lower heels twice (counts 2-and). Repeat, reversing direction and footwork, for Step Bounce-Bounce (Left).

Variations (for U šest): Keep weight mostly on right foot and, during the bounce-bounce (counts 2-and), (a) place ball of left foot forward, or (b) turn to face slightly left and place ball of left foot backward.

STEP HOP-STEP (RIGHT) (♫ ♫): Step on right foot, bending knees slightly (count 1), pause (count and), hop on right foot (count 2), step on left foot (count and). Repeat, reversing footwork, for Step Hop-Step (Left).

STEP-TOUCH (RIGHT) (♫ ♫): Step on right foot (count 1), close and touch left foot beside right without taking weight (count 2). Repeat, reversing footwork, for Step Hop-Step (Left).

* * * * *

U šest koraka--"U šest" for short--is the most common and popular kolo in Serbia today. There are hundreds of melodies for the dance, and Moravac is one of the most popular. Variations above are presented generally in order of difficulty. Yugoslavs dance these and many other variations regularly. A specific sequence (Variations Ia, IIa, IIIa, IV and IIc above) has become, somewhat unnecessarily, a sort of standard routine in the U. S.

DANCE DESCRIPTION BY DENNIS BOXELL AND RICKEY HOLDEN