

U SEST (KOLO IZ STUBLINA)
(Jugoslavia)

Source: A contemporary U Sest learned from young immigrants
Record: MONITOR IFS-702 side 1, band 4
Time: 2/4
Formation: Open circle, hands joined and held down at sides

Measure	Pattern
	<u>STEP I</u>
1	With ft parallel and pointing diagonally R, step R to R bending knees (ct 1), bring ft together and straighten knees (ct &), bounce twice on both ft (cts 2,&)
2-4	Repeat measure 1 three times, moving to R
5-8	Repeat measures 1-4, opposite footwork and direction
	<u>STEP II</u>
1	Step to R on R (ct 1), hop on R, leave floor (ct &), land on R (ct 2)
2	Step R to R (ct 1), bounce twice on R, pointing L across R (cts 2,&)
3	Repeat measure 2, opposite footwork
4	Step R to R (ct 1), click L heel to " (ct 2)
5-8	Repeat measures 1-4, opposite footwork and direction
9-16	Repeat measures 1-8
	<u>STEP III</u>
1	Step R to R (ct & of last measure), step L across R (ct 1), step R to R (ct a), step L across R (ct 2)
2-4	Repeat measures 2-4, Step II
5	Step L in place (ct 1), hop on L (ct 2), step R behind L (ct &)
6-8	Repeat measures 6-8, step II.
9-16	Repeat measures 1-8

Presented by Mario Casillas