UVNEH YERUSHALAYIM

(Israeli Circle Dance)

SOURCE: Bentsy Tiram

TRANSLATION: Jerusalem

MUSIC: Israeli Folk Dances: Old Favorites YEDI

FORMATION: Circle dance, simple hold, face ctr

METER: 4/4 PATTERN

Meas

Part A

- 1-2 4 fast two-steps sdwd R,L,R,L (Cts 1-8)
- 3 Step R to R (ct 1); step L behind R (ct 2); step R to R and hop on R while lifting L (Cts 3,4)
- 4 Step L to L (ct 1); step R to R (ct 2); cross L over R and hop on L while lifting R (Cts 3,4)
- 5 Rpt meas 3, Part A (Cts 1-4)
- 6 Rpt meas 3, Part A, reversing footwork and direction (Cts 1-4)
- 7 3 steps fwd R,L,R (Cts 1-3); lift L (ct 4)
- 8 Rpt meas 7, Part A, reversing footwork and direction (Cts 1-4)
- 9-16 Rpt meas 1-8, Part A

Part B (Arms held high)

- Step R (facing ctr)(ct 1); step L behind R (ct 2); step R (facing ctr)(ct 3); step L behind R (ct 4)
- 2 Rpt meas 1, Part B (Cts 1-4)
- 3-4 2 Mayim steps, R over L (Cts 1-8)
- 5 3 steps fwd R,L,R into ctr (Cts 1-3); lift L (ct 4)
- 6 Rpt meas 5, Part B, opposite footwork and direction (Cts 1-4)
- 7 Step R fwd (ct 1); close L beside R while turning 1/4 CW (ct 2); rpt Cts1,2, (Cts 3,4)
- 8 Rpt meas 7, Part B (Cts 1-4)
 - Note: Turn 1/4 turn per 2 Cts
- 9-16 Repeat Meas. 1-8, Part B.