

VARNENSKO HORO

Rhythm 9/8 a – QQQS

Music: CD **IHB #12 - FIRE**, Track 17

From Varna area, Dobrudzha

VARNENSKO HORO is a wedding dance. It is a solo dance with lots of improvisations with hand's movements, with handkerchief, wooden spoons and metal "dzhampureta", attached to the fingers of the women's hands (like "kastaneti"). Many dancers would like to enjoy the rhythm of VARNENSKO HORO and that's way I have created a variation as a circle dance-based on the Dobrudzha style This is a mixed, dance in closed circle. The LOD is to the R side. The hands are held in W position.

Figure 1 – 4 meas. – facing LOD

Meas.1

1. Big step on R ft fwd to LOD
2. Hold
3. Step on L ft to LOD
4. Step on R ft to LOD

Arms: In W position

Meas.2 – same as Meas.1, but with opposite footwork

Meas.3 – **facing L side, but dancing to LOD**

1. Big step on R ft bkwd - to LOD
2. Hold
3. Step on L ft bkwd – to LOD
4. Step on R ft bkwd – to LOD

Meas.4

1. Big step on L ft bkwd – to LOD
2. Hold
3. Step on R ft fwd to LOD, while **facing to LOD**
4. Step on L ft fwd to LOD

Arms: Go to V position

Go to W position

Figure 2 – 4 meas. – facing center, dancing to LOD

Meas.1

1. Big step on R ft to R side
2. Hold
3. Step on L ft behind R ft
4. Step on R ft in place

Arms: In W position

Meas.2

1. Step on L ft fwd
2. Hold
3. Step on R ft in place
4. Step on L ft bkwd - next R ft

Meas.3

1. Step on R ft fwd
2. Hold
3. Step on L ft in place
4. Step on R ft bkwd - next to L ft

Meas.4

1. Close L ft next to R ft and squat slightly down , take the weight on L ft
2. Hold
3. Stamp softly R ft –heel next to heel, **R toes to R side**
4. Stamp softly R ft next to L ft, **R toes point fwd**

Sequence: Introduction-4 meas.;Figure 1 – 4 times; Figure 2 – 4 times; Alternate them.

Notes by Iliana Hristova Bozhanova

Presented by Iliana Hristova Bozhanova at the Laguna Folkdancers Festival 2009