

# Vasil'arhontissa

(Epirus, Greece)

This is a *Zaghorisios* with a fifth measure added during the first two sung verses.

Pronunciation: vah-seel-ahr-HOHN-tee-sah

Music: 5/4 meter

*Balkan I 2010 Steve's Dances CD, Band 3*

Formation: Circle; hands joined in W-pos.

Meas      5/4 meter

Pattern

INTRODUCTION. No action. Start with singing.

## I. FIGURE I

1 Facing slightly R of ctr, swing L low fwd (ct 1); swing or lift L back to L (ct 2); step fwd L across in front of R (ct 3); lift or touch R behind L (ct 4).

2 Step fwd R (ct 1); step fwd L in front of R (ct 2); step fwd R (ct 3); step fwd L in front of R (ct 4).

3 Turning to face ctr, bend L knee touching R heel in front (ct 1); straightening L, swing R around in back of L leg (ct 2); step back on R (ct 3); bend R knee touching L in front of R (ct 4).

Variation on meas 3: step R in front of L (ct 1); rock back onto L (ct 2); step back on R (ct 3); bend R knee touching L in front of R (ct 4).

4 Step L to L (ct 1); step R behind L with slight pliè (ct 2); step L to L (ct 3); step R next to L with wt (ct 4).

5 Repeat meas 4.

6-10 Repeat meas 1-5.

11-18 During the third dance sequence (singer finishing song and instrumental Interlude) dancers dance meas 1-4 two times. This is a regular 4-meas *Zaghorisios*.

The dance ends with a short *Pogonisos/Sta Dyo* in 2/4 meter (S,Q,Q).

## II. POGONISIOS/STA DYQ

1 Facing ctr, step R to R (ct 1); step L behind R (ct 2); step R to R (ct &).

2 Turning to face slightly R of ctr, step L fwd (ct 1); step R fwd (ct 2); step L fwd (ct &).

Presented by Stephen Kotansky