

VEDARAS (The Pudding)

Folkraft F 1051 B

There are some Lithuanians who like blood sausages and blood puddings well enough to name a dance in their honor. In spite of its name the dance has the qualities of fun that will make it as popular as Kalvelis.

FORMATION: Circle for as many couples as desire to dance. Hands joined.

FIGURE I

Meas. 1-3: Everyone polkas (3 polka steps) to right, starting with R foot.

Meas. 4: Stamp left foot twice and at same time clap own hands twice.

Meas. 1-4 (repeated): Repeat above to left, starting with left foot and stamping with R.

Refrain, Meas. 5-8: Hook right arms and skip turning in place with 8 skips (or four polka steps).

Meas. 5-8 (repeated): Hook left arms.

FIGURE II

FORMATION: Stand in couples, boys in the center, all facing counter-clockwise, boy's R hand around girl's waist, girl's L hand around boy's waist.

Meas. 1-3: Three polka steps forward starting with inside foot.

Meas. 4: Free hands (boy's L, girl's R) clap as outside feet stamp.

Meas. 1-4 (repeated): Reverse direction to clockwise, same position as above. Three polka steps starting with the new inside foot, stamp twice with outside foot & free (outside) hands clap each other's.

Refrain: Same as above.

FIGURE III

Meas. 1-4: Boys dance counter-clockwise, independently, without holding hands, as in Fig. I Meas. 1-4. Girls, at same time, dance toward center of circle with three polkas and on the fourth measure clap twice the hands of the girls on each side.

Meas. 1-4 (repeated): Everyone turns about and returns to places with three polka steps; the clapping & stamping are done facing partners.

FIGURE IV

Meas. 1-4: Join right hands & do a grand right and left, passing three people. On the fourth measure reach the fourth person and clap his left hand twice, stamping at the same time.

Meas. 1-4 (repeated): With this fourth person, who now becomes your first, start a grand left and right (starting with the left hand--- the hand that clapped) & again pass three people (left-right-left) reach for the fourth person and clap right hands twice, stamping at the same time. Thus, you will be seven people away from the original partner.

Refrain: Repeat refrain with this new seventh person who is now your partner, and start dance from the beginning.