Arme

back to W-position

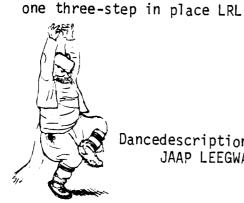
TRANSLATION "Happy dance". ORIGIN The Dunabe Plain area in Northern Bulgaria, Severnjaško. This dance is a variant of <u>Dunavsko</u> or <u>Pravo Severnjaško</u> Horo. **METER** 2/4 SOURCE Maria Eftimova at the State Choreographers School in Sofia, Bulgaria. MUSIC - Cassette Jaap Leegwater JL1988.04 Side B, Nr. 17 - LP Balkanton BHA 11759 Side B, Band 1 - any other vivid North Bulgarian style Dunavsko Horo. STYLE Severnjaški - light, jumpy with energetic knee liftings - vivid and energetic arm swinging FORMATION Half or open circle.

INTRODUCTION : 16 measures

MEAS PATTERN Steps

Hand held in V-position

	<u> </u>	Ariis
1	facing ctr, moving sdwd R, step on R ft (ct 1), step on L ft behind R ft (ct 2)	
2	step on R ft (ct 1), step on L ft in front of R ft (ct 2)	W-position
3	repeat action of meas 1	
4	facing ctr, moving diag R fwd, leap onto R ft, kicking L heel behind (ct 1), step on L ft (ct 2)	swing arms down
5	repeat action of meas 4	bkwd and low
6	hop on L ft, swing R leg from sdwd R fwd (ct 1), step on R ft across in front of L ft (ct 2)	fwd low
7	facing ctr, moving bkwd, step on L ft (ct 1), step on R ft (ct 2)	bkw Tow



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Dancedescription and presentation by
JAAP LEEGWATER © 1989 LAGUNA FOLKDANCERS FESTIVAL
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