

LAS VIRGINIAS

Northern Mexico (A popular Polka)
Norteno Region

MUST Discos Columbia - EPC 282 (Los Montanese Del Alamo)

MUSICAL STRUCTURE: ABACABACABAC

2/4 meter.

FORMATION: Partners - scattered randomly around floor, or arranged in circle; W on inside.

STYLE: When partners work without touching, the W puts fists on waist; M puts thumbs in belt.

Meas Counts Pattern

PATTERN I - Basic without partner.

Description for M; W use opp ftwk.

- | | | |
|------|-----|---|
| 1 | 1 | Step L, rotating hips 1/8 so M's R hip is adjacent to W's L hip. |
| | & | Stamp R heel and release it from floor. |
| | 2 | Hop on L |
| | & | Stamp R heel and release it from floor, then rotating hips so M's L hip is adjacent to W's R hip. |
| 2 | 1-2 | Repeat Meas. 1, reversing ftwk. |
| 3-16 | | Repeat action of Meas. 1-2, Pattern I, 7 more times. |

PATTERN II - Basic with partner.

Partner Position: M grasps W's L upper arm with his R hand, W's L hand grasps M's R upper arm. Other hands joined. Keeping knees in parallel position, hips rotate freely from side to side.

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|------|-----|---|
| 1-7 | | Repeat action of Meas. 1-7, Pattern I. |
| 8 | 1-2 | Repeat ftwk of Meas. 8, Pattern I; M stays in place; W turns CCW under M's L arm. |
| 9-16 | | Repeat action of Meas. 1-8, Pattern II. |

PATTERN III - Corriditas

Still in Partner Position.
Description for M; W use opp. ftwk.

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|-----|---|--|
| 1 | 1 | Step L, swinging L hip to L. |
| | 2 | Close R to L. |
| 2-8 | | Repeat action of Meas. 1, Pattern III, 7 more times. |

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Meas Counts Pattern

PATTERN IV - Rocks

- 1 1 Step bkwd on L, keeping R spot held on floor.
 2 Shift weight fwd. to R.
- 2 1 Step fwd on L, keeping R spot held on floor.
 2 Shift weight back to R.
- 3 1-2 Repeat Meas. 1, Pattern IV.
- 4 1 Step fwd on L.
 2 Step fwd on R.
- 5-8 Repeat action of Meas. 1-4, keeping ftwk the same, but
 reversing all directions (step fwd on ct. 1, etc.).
- 9-16 Repeat action of Meas. 1-8, Pattern IV.

PATTERN V - Basic, plus back kicks, without partner.

- 1-4 Repeat Meas. 1-4, Pattern I.
- 5 1 Jump to both feet.
 2 Jump on L, as R kicks to L back (high) diagonal, and
 head turn L to see right foot over L shoulder.
- 6 1-2 Repeat action of Meas. 5, Pattern V, w/ reverse ftwk
 and head turn.
- 7-8 Repeat action of Meas. 5-6, Pattern V, adding a heel
 stamp with L and releasing it (Ct. 2&).
- 9-16 Repeat action of Meas. 1-8, Pattern V.

PATTERN VI - Basic plus back kicks, with partner.

Partner position, as described in Pattern II.

- 1-16 Repeat action of Meas. 1-16, Pattern V.

PATTERN VII - Corriditas

- 1-8 Repeat action of Pattern III.

PATTERN VIII - Rocks

- 1-16 Repeat action of Pattern IV.

PATTERN IX - Basic plus kick-turns, without partner.

- 1-2 Repeat action of Meas. 1-2, Pattern I.
- 3 1 Leap to L, extending straight R leg to R side middle.
 2 Cross R in front of L and take one full turn CCW,
 releasing L foot by end of turn.
- 4 1-2 Repeat action of Meas. 1, Pattern I.
- 5-8 Repeat action of Meas. 1-4, Pattern IX, reversing ftwk.
- 9-16 Repeat action of Meas. 1-8, Pattern IX.

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