

La Virondée

(Bourgogne, France)

A round bourrée with a “waltz” chorus. Morvan is located between the departments of Nièvre and Côte d’Or. It is a mountain area (Massif du Morvan) a bit isolated and has a bourrée style of its own.

Pronunciation: lah vee-RAWN-day

Music: CD “Cocorico”, Band 5

3/8 meter

Formation: Circle of cpls in single file, all facing LOD: M are in front of their ptr. M’s hands are free; W hold their skirt.

Steps: Regular “waltz” step (a bit fast).

Bourrée step: Step fwd on L with full wt bending both knees (ct 1); step on ball of R next to L straightening knee slightly (ct 2); step on L in place (ct 3). Repeat with R. Arms swing with bent elbows freely at the sides.

Bourrée Sequence (8 meas):

6 bourrée steps (meas 1-6)

3 stamps L-R-L (meas 7).

1 step-hop on R (cts 1-2); pause (ct 3).

“Waltz” Sequence (8 meas) progressing on LOD:

6 bourrée steps turning CW like in a waltz (meas 1-6).

M dance on the spot and turn ptr CW under L arm (WR arm) (meas 7-8).

Meas

Pattern

3 meas INTRODUCTION (No action). All face CCW to begin the dance.
Leader can stamp twice on ct 1-2 of last meas.

I. BOURRÉE CIRCLING LOD AND RLOD

A 1-7 Starting ML and WR, circle in LOD using meas 1-7 of bourrée sequence. M’s arms swing up and down, bending on elbow. W do the same, but much lower holding skirt.

8 Step hop on MR WL, turning ½ way around to R (ct 1-2) pause (ct 3). Dancers are now facing RLOD.

A’ 1-8 Repeat meas 1-8.

On meas 8, W turn CW ½ way around and face ptr.

CHORUS: “WALTZ” YOUR PTR.

B 1-8 In Ballroom pos, all do the “waltz” sequence. M maneuver to finish with back to ctr on meas 6. Couples progress slightly CCW around the circle.

B’ 1-6 Repeat the “waltz” sequence, meas 1-6.

7-8 Release hands. Dancing on the spot, move away from ptr using 2 “waltz” steps. M are facing RLOD, W LOD.

La Virondée—continued

II. COUPLES TURN

- A 1-8 Joining L hands, cpls turn CCW using bourrée sequence.
 A' 1-8 Joining R hands, cpls turn CW using bourrée sequence.

CHORUS

- B 1-8 Repeat meas 1-8 of chorus.
 B' 1-8 Repeat the second part of chorus. At the end, M are facing RLOD, W LOD.

III. M BACKING UP AND REVERSE

- A 1-8 Bourrée sequence, M backing up, W moving fwd. On meas 7-8, ptrs will change places by passing L shldr and turning 1/2 to L.
 A' 1-8 Repeat meas 1-8, M moving fwd on LOD and W backing up. Do NOT switch places at the end.

CHORUS

- B 1-8 Repeat meas 1-8 of chorus.
 B' 1-8 Repeat the second part of chorus. At the end, M are facing RLOD, W LOD.

IV. GRAND R AND L

- A 1-2 Join L hand with ptr. M moving RLOD, W LOD pass ptr using 2 bourrée steps.
 3-4 Pass by R hand with W #2.
 5-6 Pass by L hand with W #3.
 7-8 Join R hand with W #4 and turn half way around (CW) using 3 stamps and a step-hop.
 A' 1-2 Pass by L hand with W #3.
 Join R hand with W #2.
 Join L hand with ptr turning half way CCW.
 Facing ptr, 3 stamps and a step-hop.

CHORUS

- B 1-8 Repeat meas 1-8 of chorus.
 B' 1-8 Keep “waltzing” 8 regular steps.

FINALE

- 1-3 M turn W twice under L arm and 2 stamps. W then turn 1/2 more to R to end facing out.

Presented by Michèle Brosseau and Germain Hébert