

VOSSARULL  
Norwegian Couple Dance

Source: This couple dance, approximately 200 years old, comes from the town of Voss. <sup>in Vestlandet.</sup> Rul is one of five types of folk dance in Norway. Taught to Bruce Taylor by Anna Bakke in Bergen in 1966.

Music: Harmoni NGK TD-7, RCA Victor Norway FEP #1 "Vossarull." 2/4 meter, <sup>VIKING, V307</sup>

Formation: Cpls in peasant pos (M R arm around ptr waist, free hands at sides), facing LOD. Ftwrk described for M. W on opp ft throughout dance.

Meas    Pattern

2            Introduction

I. WALK IN LOD

1            Roll on outside ft (ct 1). Roll on inside ft (ct 2).  
Repeat meas 1 at M discretion. The step is a deliberate roll from heel to toe with natural flexing of the knee.

II. TRANSITION TWO STEPS

1            Ptrs facing each other, step L sdwd in LOD (ct 1). Close R to L (ct &).  
Step L sdwd in LOD (ct 2).  
2            Step R sdwd in RLOD (ct 1). Close L to R (ct &). Step R sdwd in  
RLOD (ct 2).  
3            Turn approximately 1/4 CW with I two-step, beginning L (cts 1, &, 2).  
3            Continue CW turn with I two-step, beg R (cts 1, &, 2). M should be  
facing LOD. At this point W places her R hand on M waist while  
M reaches over her arm and grasps her skirt with his L hand.

III. TURN

1            M leads around twd R and rolls onto L ft while turning 1/2 turn  
CW (ct 1). M steps around twd R and rolls onto R ft while turning  
1/2 turn CW (ct 2).  
Repeat action of meas 1, Part III at M discretion.

Cpl assumes peasant pos and begins dance again with Part I, Walk.

Presented by Bruce Taylor

*continued...*

NOTES

ERRATA

- 1 M pulls W across in front of himself so her back is to LOD. M steps L,R, L, hold; W steps R, L,R, hold.
- 2 Cpl begins to rotate slowly CW. M steps R,L,R,hold; W steps L,R,L,hold.
- 3 Cpl continues to rotate slowly CW. M steps L,R,L,hold; W steps R,L,R,hold.
- 4 Cpl completes rotation so that M faces LOD. M steps R,L,R,hold; W steps L,R,L,hold. At this point W places her Rhand on M waist while M reaches over her arm and grasps her skirt with his L hand.

TRANSITION TWO STEPS

M leads around W... M steps... W steps... M reaches over her arm and grasps her skirt with his L hand.

THE JUDGE

M leads around W... M steps... W steps... M reaches over her arm and grasps her skirt with his L hand.

M reaches over her arm and grasps her skirt with his L hand.

Presented by...

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