

VULPITA

(Oltenia, Romania)

Vulpița (vool-PEE-tsa) is translated "The Little Fox". It was presented by Sunni Bloland at the International Folkdance Seminars, Stanford University, February 1975. It is one of the delightful dances learned by Sunni while doing dance research in Romania.

MUSIC: Romanian Folk Dances, Nevafoon 14004, Side 1, Band 7.
Slow record slightly.

FORMATION: Closed circle of M and W. Hands held down in "V" pos.

STEPS: Step-hop

STYLING: Fast, light and staccato.

2/4

PATTERN

Measures

16 INTRODUCTION

I. STEP-HOP, SIDE-BEHIND-SIDE-HOP

1 Face ctr. Step fwd twd ctr on L (ct 1); Hop on L (ct 2).

2 Step bkwd on R (ct 1); Hop on R (ct 2).

3 Move fwd twd ctr step L (ct 1), close R to L (ct 2), step fwd on L (ct 1),
4 hop on L (ct 2).

5 Step diag bkwd on R (ct 1); Hop on R (ct 2).

6 Step sdwd on L (ct 1); Hop on L (ct 2).

Note: Arms swing easily fwd and bkwd, meas 1-6.

7 Move sdwd LOD. Step sdwd on R (ct 1); Step L behind R (ct 2).

8 Step sdwd on R (ct 1); Hop on R (ct 2).

Hands do not move, but are held down and slightly fwd. Elbows straight.

II. STEP-HOP, STEP-CLOSE

1 Face and move RLOD. Step on L (ct 1); Hop on L (ct 2).

2 Continue moving RLOD. Step-hop on R crossing in front of L (ct 1, 2).

3 Face ctr and move RLOD. Step on L (ct 1); Close R to L (ct 2).

4-5 Repeat action of meas 3 (Part II) two times.

6 Step on L (ct 1); Hop on L (ct 2).

7 Face and move LOD. Step on R (ct 1); Hop on R (ct 2).

8 Continue moving LOD. Step on L (ct 1); Small leap on R (ct 2).

Continued...

III. GRAPEVINE

- 1-2 Move LOD. 1 Grapevine step. Begin stepping L across in front of R (L, R, L, R) (cts 1-2, 1-2)
- 3 Continue in LOD. Step L across in front of R; Step sdwd on R (cts 1-2).
- 4 Face ctr. Step L across in front of R (ct 1); Hop on L (ct 2).
- 5-8 Repeat action of meas 1-4 (Part III) pivoting on L and repeating action reversing direction and ftwork exactly.

IV.

- 1 Move twd ctr of circle. Step on L (ct 1); Hop on L (ct 2).
- 2 Step on R (ct 1); Hop on R dropping hands and pivoting CCW to face out of circle (ct 2).
- 3 Move out of circle with 2 small steps L R (ct 1, 2).
- 4 Step On L (ct 1); Hop on L (ct 2).
- 5 Move in LOD with back to ctr of circle. Hands joined and held down. Step R across L (ct 1); Step sdwd on L (ct 2).
- 6-7 Repeat action of meas 5 (Part IV) exactly two times.
- 8 Step on R pivoting CCW to face ctr (ct 1); Hop on R (ct 2).

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