YABLOCHKO

(Russia.)

This dance was introduced by Anatol Joukowsky at the 1954 Folk Dance Camp, College of the Pacific, Stockton, California.

MUSIC:

Record: Stinson 3410-A.

FORMATION:

Partners face each other. Partners may stand in line, or circle, hands at sides. (Throughout dance, free hands are on hips, palms out, unless otherwise indicated.)

STEPS:

Small sliding walking* steps (sl-wa), Buzz*, Pas de basque*.

BRUSH STEP: Step R (meas. 1, ct. 1), brush L heel fwd. (ct. 2), step L (meas. 2, ct. 1), step R, turning 1/2 CCW (ct. 2). Next step starts L, with 1/2 turn CW on last ct.

BRUSH STEP VARIATION: Step R (meas. 1, ct. 1), brush L heel fwd. (ct. 2), step L (meas. 2, ct. 1), step R (ct. &), step L (ct. 2), hold (ct. &). Step always starts R.

SLAP STEP: Step R (meas. 1, ct. 1), slap L ft. on outside of heel with L hand, L ft. brought up behind to knee level (ct. 2), step L (meas. 2, ct. 1), step R, turning 1/2 CCW (ct. 2). Next step starts L, with 1/2 turn CW on last ct.

SLAP STEP—Variation I: Step R (meas. 1, ct. 1), slap L (ct. 2), step L (meas. 2, ct. 1), step R (ct. &), step L (ct. 2), hold (ct. &). Step always starts R.

SLAP STEP—Variation II: Step R (meas. 1, ct. 1), slap L (ct. 2), step L (meas. 2, ct. 1), step R (ct. &), stamp L, no wt. (ct. 2) hold (ct. &). Next step starts L, with turn on meas. 1, ct. 1.

REST STEP, W: Step R (ct. 1) touch L heel, toe out (no wt.), at R instep, turning body twd. L (ct. 2). Next step starts L. M: Same step, except that he stamps (lightly) on ct. 2—more vigorous than W.

STAMPING STEP: Stamping step R (meas. 1, ct. 1), stamp L heel, no wt., (ct. &) stamping step L (ct. 2), stamp R heel, no wt. (ct. &), stamping step R (meas. 2, ct. 1), stamping step L (ct. &), stamping step R (ct. 2), hold (ct. &). Make ½ turn CCW on meas. 2, cts. 1 & 2. Next step starts L, with ½ turn CW on meas. 2, cts. 1 & 2.

STAMPING STEP VARIATION: Stamping step R (meas. 1, ct. 1), stamp L heel, no wt. (ct. &), stamping step L (ct. 2), stamp R heel, no wt., (ct. &), stamping step R (meas. 2, ct. 1), stamping step L (ct. &), stamp R, no wt. (ct. 2), hold (ct. &). Step always starts R.

EXTENDING STEP: Fall heavily onto L, landing with knee bent and R ft. extended fwd. slightly off floor (ct. 1 &), pull wt. up in recovering with quick steps R L (cts. 2 &). Start next step with fall onto R.

RUSSIAN SKIP: Starting R behind L, displace each ft. alternately (remaining in place). Ct. 1 for each step.

Meas. I. WALK AND BRUSH 1-4 a. 4 steps fwd. Shake hands with partner. 7 walking steps once around CW in individual small control (no wt).	
5-8 7 walking steps once around CW in individual small co	
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	ircle, ending with stamp.
9-12 7 walking steps CCW in small individual circle, ending	with stamp (no wt).
1- 4 b. 1 brush step, M moving RLOD, W LOD. 1 brush step, M moving LOD, W RLOD.	
5-12 Repeat action of b, meas. 1-4 two more times.	•

Contra wed

MUSIC 2/4			PATTERN
1- 4	11.		SLAP SOLO 1 slap step RLOD (turning ½ CCW on last ct.) 1 slap step LOD (turning ½ CW on last ct.)
5-12			Repeat action of Fig. II, meas. 1-4 two more times.
1-12		b.	M circles W once around CW with 6 Slap Step Variation I. During all of M solo W does Rest Step.
	III.	W	BRUSH SOLO
1 -4		a,	1 brush step, starting R and moving LOD. As ft. is brushed fwd. same hand is brought from hip and turned up at waist level, arm extended from elbow. 1 brush step starting L and moving RLOD. Same hand movement as above.
5-12			Repeat action of Fig. III, meas. 1-4, two more times.
1- 8		b.	W circle M once around CW with 4 brush step variations. As ft. is brushed fwd., L hand is brought from hip and turned palm up at waist level, arm extended from elbow.
9-12			8 walking steps turning once CW in a very small circle. Throughout W solo, M does Rest Step.
61 = \$16	IV.	M	STAMP SOLO
1-12		a,	M circle W once around CW with 6 stamping step variations, always starting R.
1- 4		Ь.	1 stamping step starting R and moving RLOD. 1 stamping step starting L and moving LOD.
5- 8 9-12		6 walkin 12, ct. 1 high (ct.	Repeat action of Fig. IV, b, meas. 1-4. 6 walking steps turning once CW in a small circle, ending with a stamp R (meas. 12, ct. 1), pose with L heel fwd. on floor, L arm extended low in front, R hand high (ct. 2). Throughout M solo W does rest step.
	v.	W	EXTENDING STEP SOLO
1-12		a.	4 extending steps in place, 8 extending steps turning once CW in small circle.
1- 8 9-12		Ъ.	8 extending steps circling M once around CW. 7 buzz steps turning CW in place. On last ct. assume open position with partner, M L arm extended at waist level. Throughout W solo, M does rest step until last meas, when he approaches W with 4 steps to assume open position for next step.
	VI.	PA	S DE BASQUE, BRUSH, SOLO AND BUZZ
1-12		a.	Beginning R, 8 pas de basque LOD. 4 pas de basque turning CCW with partner in small circle.
1-12 (repeated)			Repeat action of Fig. VI, a, meas. 1-12.
1-12 1-12 (repeated)			Repeat action of Fig. I, b, meas. 1-12. M repeats action of Fig. II, a, meas. 1-12 using Variation II. W dances small buzz steps in place, turning CW twice around.
	VII.	W.	ALKING TURN
1-12	2.0		Ptrs advance two each other with 4 gliding walking steps, starting R. Bring hands from hips fwd and out until arms are outstretched with L
N			higher than R. With 4 steps move bwd to pos, returning hands to hips. Ptrs again move twd each other and turn together in a small circle CW. As ptrs move fwd, outstretch arms as before and keep outstretched during turn. Finish in own pos with hands on hips.
	VIII.	RI	USSIAN SKIP, BUZZ AND POSE
1- 6 7-12			Beginning R, M and W dance 12 Russian Skip steps in place. Advance twd. partner with 4 sl-wa steps and with R on partner's waist (L high) buzz in place. On last ct. (backs to center) stamp and pose, W on M R arm and outside arms (M L, W R) high.