

Folk Dance Federation of California Research Committee:
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JABLOCHKO

(Russian)

This dance was introduced by Anatol Joukowsky at the 1954 Folk Dance Camp, College of the Pacific, Stockton, California.

MUSIC: Record: National 459A "Yablochko"; Stinson 3410-A.

FORMATION: Ptrs face each other. Ptrs may stand in line, or circle, hands at sides. (Throughout dance, free hands are on hips, palms out, unless otherwise indicated.)

STEPS: Small sliding walking* steps (sl-wa), Buzz*, Pas de basque*.

BRUSH STEP: Step R (meas. 1, ct 1), brush L heel fwd (ct 2), step L (meas. 2, ct 1), step R, turning 1/2 CCW (ct 2). Next step starts L, with 1/2 turn CW on last ct.

BRUSH STEP VARIATION: Step R (meas. 1, ct 1), brush L heel fwd (ct 2), step L (meas. 2, ct), step R (ct &), step L (ct 2), hold (ct &). Step always starts R.

SLAP STEP: Step R (meas. 1, ct 1), slap L ft on outside of heel with L hand, L ft brought up behind to knee level (ct 2), step L (meas. 2, ct 1), step R turning 1/2 CCW (ct 2). Next step starts L, with 1/2 turn CW on last ct.

SLAP STEP -- Variation I: Step R (meas. 1, ct 1), slap L (ct 2), step L (meas. 2, ct 1), step R (ct &), step L (ct 2), hold (ct &). Step always starts R.

SLAP STEP -- Variation II: Step R (meas. 1, ct 1), slap L (ct 2), step L (meas. 2, ct 1), step R (ct &), stamp L, no wt (ct 2), hold (ct &). Next step starts L, with turn on meas. 1, ct 1.

REST STEP: W: Step R (ct 1), touch L heel, toe out (no wt), at R instep, turning body twd L (ct 2). Next step starts L. M: Same step, except that he stamps (lightly) on ct 2 -- more vigorous than W.

STAMPING STEP: Stamping step R (meas. 1, ct 1), stamp L heel, no wt, (ct &), stamping step L (ct 2), stamp R heel, no wt (ct &), stamping step R (meas. 2, ct 1), stamping step L (ct &), stamping step R (ct 2), hold (ct &). Make 1/2 turn CCW on meas. 2, cts 1,&,2. Next step starts L, with 1/2 turn CW on meas. 2, cts 1,&,2.

JABLOCHKO (Cont)

STAMPING STEP VARIATION: Stamping step R (meas. 1, ct (meas. 1, ct 1), stamp L heel, no wt (ct &), stamping step L (ct 2), stamp R heel, no wt, (ct &), stamping step R (meas. 2, ct 1), stamping step L (ct &), stamp R, no wt (ct 2), hold (ct &). Step always starts R.

EXTENDING STEP: Fall heavily onto L, landing with knee bent and R ft extended fwd slightly off floor (ct 1, &), pull wt up in recovering with quick steps R L (cts 2, &). Start next step with fall onto R.

RUSSIAN SKIP: Starting R behind L, displace each ft alternately (remaining in place). Ct 1 for each step.

* Described in Volumes of Folk Dances from Near and Far published by Folk Dance Federation of California, Inc., 1095 Market St., San Francisco, California.

Music: 2/4

Meas.

I. WALK AND BRUSH

- 1-4 a. 4 steps fwd. Shake hands with ptr.
5-8 7 walking steps once around CW in individual small circle, ending stamp (no wt).
9-12 7 walking steps CCW in small individual circle, ending with stamp (no wt).
1-4 b. 1 brush step, M moving RLOD, W LOD.
5-12 1 brush step, M moving LOD, W RLOD.
Repeat action of b, meas. 1-4 two more times.

II. M SLAP SOLO

- 1-4 a. 1 slap step RLOD (turning 1/2 CCW on last ct).
1 slap step LOD (turning 1/2 CW on last ct).
5-12 Repeat action of Fig. II, meas. 1-4 two more times.
1-12 b. M circles W once around CW with 6 Slap Step Variation I. During all of M solo W does Rest Step.

III. W BRUSH SOLO

- 1-4 a. 1 brush step, starting R and moving LOD. As ft is brushed fwd same hand is brought from hip and turned up at waist level, arm extended from elbow.
1 brush step starting L and moving RLOD. Same hand movement as above.
5-12 Repeat action of Fig. III, meas. 1-4, two more times.

JABLOCHKO (Cont)

- 1-8 b. W circle M once around CW with 4 brush step variations. As ft is brushed fwd, L hand is brought from hip and turned palm up at waist level, arm extended from elbow.
- 9-12 8 walking steps turning once CW in a very small circle.
Throughout W solo, M does Rest Step.

IV. M STAMP SOLO

- 1-12 a. M circle W once around CW with 6 stamping step variations, always starting R.
- 1-4 b. 1 stamping step starting R and moving RLOD.
1 stamping step starting L and moving LOD.
Repeat action of Fig. IV, b, meas. 1-4.
- 5-8
9-12 6 walking steps turning once CW in a small circle, ending with a stamp R (meas. 12, ct 1), pose with L heel fwd on floor, L arm extended low in front, R hand high (ct 2).
Throughout M solo W does Rest Step.

V. W EXTENDING STEP SOLO

- 1-12 a. 4 extending steps in place.
8 extending steps turning once CW in small circle.
- 1-8 b. 8 extending steps circling M once around CW.
7 buzz steps turning CW in place. On last ct assume open pos with ptr, ML arm extended at waist level. Throughout W solo, M does Rest Step until last meas. when he approaches W with 4 steps to assume open pos for next step.

VI. PAS DE BASQUE, BRUSH, SOLO, AND BUZZ

- 1-12 a. Beginning R, 8 pas de basque LOD.
4 pas de basque turning CCW with ptr in small circle.
Repeat action of Fig. VI, a, meas. 1-12.
- 1-12
(repeated)
- 1-12 b. Repeat action of Fig. I, b, meas. 1-12.
- 1-12
(repeated) c. M repeats action of Fig. II, a, meas. 1-12 using Variation II. W dances small buzz steps in place, turning CW twice around.

JABLOCHKO (Cont)

VII. WALKING TURN

- 1-12 Ptrs advance twd each other with 4 gliding walking steps, starting R. Bring hands from hips fwd and out until arms are outstretched with L higher than R. With 4 steps move bkwd to pos, returning hands to hips. Ptrs again move twd each other and turn together in a small circle CW. As ptrs move fwd, outstretch arms as before and keep outstretched during turn. Finish in own pos with hands on hips.

VIII. RUSSIAN SKIP, BUZZ, AND POSE

- 1-6 Beginning R, M and W dance 12 Russian Skip steps in place.
- 7-12 Advance twd ptr with 4 sl-wa steps and with R on ptr's waist (L high) buzz in place. On last ct (backs to ctr) stamp and pose, W on M R arm and outside arms (M L, W R) high.

Presented by Anatol Joukowsky