

YOĞURT

yoh-oort

RECORD: Carik 101, Side II, Number 7.
 SOURCE: Mehmet Ertürk, Ankara, 1974. *Turkey*
 NOTES: From Silifke on the South Central Coast of Turkey. Yoğurt is the milk product we know, but it is not referred to literally in this song.
 FORMATION: Lines of couples in groups of 8 people, W in a line facing the M, about 6 feet apart. Other sets should be ranged so that there are rows of sets across the hall (not longways down the hall). Hands as if holding spoons, clenched fists.
 RHYTHM: 2/4.

Meas INTRODUCTION. BASIC SILIFKE STEP

Basic Step: Lift onto ball of L and extend R heel to R side, toe pointing twd R and straightlegged (ct 1), fall onto both with heels tog, toes turned out (ct 2).

1-16 Facing ptr and using BASIC SILIFKE STEP ftwk, dance in place with arms swinging across body to chest ht, R arm lifting first.

PATTERN I. BASIC SILIFKE STEP

1-16 Continue same basic step, dancing in place, holding clenched hands at chest ht, own fingers touching. "Ah hey" on record is signal to change step.

PATTERN II. BASIC SILIFKE STEP TURN

1-20 Continue same basic step, making one small circle turning to own L, ending facing ptr. Raise R arm above eye, hold L down. "Hey" signals change.

PATTERN III. TOUCH HOP STEP STEP

1-2 Hold hands in frt of own chest and dancing in place: Touch R toe slightly in frt (ct 1), lift on L slightly as R foot is lifted (ct 2), step R as L makes a quick "bicycle" bwd (ct 3), step L (ct 4).

3-16 Repeat meas 1-2. "Hoppa" is signal to change step.

PATTERN IV. TOUCH HOP STEP STEP TURNING

Step for both M and W: Touch R toe to side flexing L knee and leaning back (ct 1), lift on L slightly as R foot is lifted (ct 2), Step R (ct 3), step L (ct 4)

1-2 Starting facing ptr, do one step to make half turn to own L, ending back to ptr, facing M or W in row behind. R arm is lifted to start.

3-4 With same ftwk, do one step to make half turn back to own R, ending facing ptr. L arm is up to start.

5-16 Repeat meas 1-4. "Hoppa" is signal to change step.

Continued.

PATTERN V. BASIC SILIFKE STEP AND DO-SI-DO

1 Touch R toe to side (ct 1), hop on L (ct 2)
2-16 Repeat PATTERN I. BASIC SILIFKE STEP.
17-32 Using Basic Silifke Step, hands still at chest ht, make a circle,
traveling around ptr, first passing L shldr, then R as you back
into place.

20 meas Repeat PATTERN II. BASIC SILIFKE STEP TURN. "Hey"

16 meas Repeat PATTERN III. TOUCH HOP STEP STEP. "Hoppa"

PATTERN VI. TOUCH HOP STEP STEP SIDE TO SIDE

1-2 Using ftwk as in PATTERN IV, W lifts L arm and looks L on the
touch (ct 1) and does step moving to R, ending with R arm up.
M lifts R hand and looks R on the first touch (ct 1) and does
step moving to R, ending with L arm up.
3-4 Repeat ftwk, reversing hands and direction of step and look.
5-16 Repeat meas 1-4. "Hop-hah-hah-hah" signals change of step.

PATTERN VII. MEYAN

With hands in frt of chest, and using PATTERN I. BASIC SILIFKE
STEP, change places with ptr:
1-8 All move diag to own R, ending in ctr of set in a single row.
9-16 All move diag to own L, ending in ptr's pos, back to ptr.
17-24 All move bwd diag to own L, ending in the line of original row,
W opp M
25-34 All move sideways to own R, ending in original pos.

PATTERN VIII. DISPLACEMENT

1 With hands in frt of chest, kick R out to side and step R next
to L (ct 1), kick L out to side and step L next to R (ct 2)
2 Repeat meas 1
3-4 Repeat meas 1-2, moving bwd
5 Repeat meas 1
6 Step R in place (ct 1), bicycle bwd with L and leap onto L (ct 2)

14 meas Repeat PATTERN III. TOUCH HOP STEP STEP

16 meas Repeat PATTERN IV. TOUCH HOP STEP STEP TURNING.

32 meas Repeat PATTERN V. BASIC SILIVKE STEP AND DO-SI-DO.

14 meas Repeat PATTERN III. TOUCH HOP STEP STEP

PATTERN IX. ENDING

1 Repeat PATTERN VIII. DISPLACEMENT, meas 1.
2 Step R in place (ct 1), bicycle bwd with L and leap onto L (ct 2)
3 Stamp R fwd, wt over R, lifting R arm to eye level, elbow high and
bent and shout "hey" (ct 1), hold (ct 2).