

1964 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Oliver "Sonny" Newman

ZAGORITIKOS

(Greece)

(ZAH-GÖ-REE-TEE-KSU)

RECORD: "Songs and Dances of Epirus" T'aidonia A.H. LP1

FORMATION: Hands held at shoulder level. Separate lines M-W

METER: 5/8, Counted Q, Q, Q, S or 1, 2, 3, 4. Ct. 4 is underlined as it is longer (2/8).

MEASURESPATTERNW Styling

I

1 Touch L in front of R (ct 1), touch L to L side (ct 2) step L in front of R (ct 3), bring R up behind L so that R ankle is touching diag across back and inside of L leg (ct 4).

II

2 Face R, step R to R (ct 1), step L to R (ct 2), step R to R (ct 3), step L to R (ct 4). Hold R ft next to L ankle.

III

3 ★ Face ctr, bring R around to step twd ctr of circle and drop the wt onto it heavily with slight knee bend (ct 1), step on L directly behind R (ct 2), step R back from ctr (ct 3), raise L almost straight knee in front of R (ct 4). (Accent on lift of (ct 4).

IV

4 Face R and walk bwd, step L to L moving diag back to the L (ct 1), step back R (ct 2), step back L (ct 3), close R to L (ct 4).

M Styling

1 Touch L in front of R (ct 1), lift L to L side (ct 2), step L in front of R (ct 3), bring R up behind L knee (ct 4).

2 Same step as for W.

3 Same as for W (ct 1), same as for W (ct 2). Drop heavily onto R directly behind L (ct 3), stamp L and lift until thigh is parallel to ground (ct 4).

4 Same as for W.

★ ZAGORITIKO. Variation for meas 3 for M only: Rise on ball of L ft, raising L knee high (ct 1); with R knee still lifted, lower L heel (ct 2); step on R beside L (ct 3); tap L heel (ct 4).