

Presented by Bora Özkök

ZIGOS  
Turkey

ZEE - 60 stt

SOURCE: Mehmet Ertürk, Ankara, 1974. From Kirklareli, a Thracian town on Bulgarian border.

RECORD: ÇARIK 101. Side II, Band 3

FORMATION: M and W, shoulder hold

PATTERN

Counts Zurna plays a musical introduction, start dance with davul (drum)

INTRODUCTION

- Step on R, brush L slowly up to knee, flex on 4th beat of drum ~~step on R~~
- 1 Step L fwd, R lifts to ankle, facing and moving LOD throughout.
- 2 Flex L knee
- 3 Step R to R side ~~SLIGHTLY BACK OUT OF CIR~~
- 4 Step L ACROSS R
- 5 Step R to R side
- 6 Hold, flex R knee
- 7 Step L ACROSS R
- 8 Brush R fwd in a circular fashion, ending R foot at knee ht, R knee turned out.
- 9 Flex L knee ←

Symmetrical repeat, still in LOD:

- 1 Step R fwd, L lifts to ankle
- 2 Flex R knee
- 3 Step L
- 4 Step R to R side ~~SLIGHTLY OUT OF CIR~~
- 5 Step L
- 6 Hold, Flex L knee
- 7 Step R to R side
- 8 Brush L fwd in a circular fashion, ending L foot at knee ht, L knee turned out.
- 9 Flex R knee ←

Repeat PATTERN as music gets gradually faster. Knee bends become softer.

ON FASTER PART - MORE OF LIFT ON STEP FWD TO CTR ETC