

Presented by Bora Özkök

ZİGOS  
~~ZİGOS~~  
 Turkey

This dance is from Kirklareli, a Turkish-Thracian town on the Bulgarian border. The dance was learned from Mehmet Erturk, Ankara, 1974.

RECORD: HALAY 303, Side 2, Band 1

FORMATION: M and W in lines in shldr hold.

METER: PATTERN

Cts.

INTRODUCTION: Zurna plays a musical intro, begin dance with Davul (drum).

Step R, brush L slowly up to knee, flex on 4th beat of drum.

FIGURE: (Fand and move in LOD throughout dance)

- 1 Step L fwd, Lift R to L ankle.
- 2 Flex L knee.
- 3 Step R to R.
- 4 Step L across R
- 5 Step R to R.
- 6 Hold, flex R knee.
- 7 Step L across R
- 8 Brush R fwd in a circular motion, ending with R ft at knee ht, R knee turned out.
- 9 Flex L knee.

Symmetrical repeat, still in LOD

- 1 Step R fwd, L lift to ankle.
- 2 Flex R knee
- 3 Step L across R
- 4 Step R to R
- 5 Step L across R
- 6 Hold, flex L knee
- 7 Step R to R
- 8 Brush L fwd in circular motion, etc.
- 9 Flex R knee

Repeat pattern. As music gets gradually faster, knee bends become softer.

- 28 ZIGOS - note comma at bottom of "Ş"  
 Introduction, line 2, change to read: ....L fwd slowly up to knee ht, flex.....  
 Figure, change Fand to Fwd  
 Ct 2, change Flex to Bounce  
 Ct 6, delete and change to read: Rise on R, lift L bkwd with lower leg almost parallel to ground, knees together.  
 Ct 9, at to beginning of ct: With wt on L, flex.....  
 Symmetrical repeat, ct 1, delete: L lift to ankle  
 Ct 2, delete and change to read: Bounce on R, lift L ft bkwd with lower leg almost parallel to ground, knees together.  
 Ct 6, delete and change to read: Repeat ct 2.  
 Add to end of line 2 at bottom of page: become softer and ftwk becomes smaller.