

ZONARADIKOS
(Greece)

Martin Koenig learned this dance from Theodore Kekes. Dance comes from Thrace, Greece.

Pronunciation:

Record: Balkan Arts 710. 2/4 meter.

Formation: Traditionally, M lead line joined with hands on shldrs, followed by W joined by belt hold.

Styling: Not bouncy. Steps are close to the ground.

Meas

Pattern

I. APLO (simple).

- 1 Facing ctr (or slightly R), step sdwd on R (ct 1);
step L in front of R, with an accent (ct 2).
- 2 Step sdwd on R, but keep L on ground (ct 1); release
L (off the ground), bringing it bkwd (ct 2).
- 3 Step bkwd on L (ct 1); raise R in front (ct 2).

II. a. PIDIHTOS (jumping - women's step).

- 1 Facing ctr, step fwd on R (ct 1); step fwd on L (ct 2).
- 2 Step fwd R,L (cts 1,&); step fwd on R (ct 2).
- 3 Step fwd on L (ct 1); stamp on both ft (ct 2).
- 4 Hop in place on R (ct 1); step bkwd on L (ct 2).
- 5 Step bkwd on R (ct 1); lift L (ct 2).
- 6 Step bkwd on L (ct 1); lift R (ct 2).

II. b. KOULOURIASTOS (curling - mens' step). Done by
first 5 - 6 people on line.

- 1 Step fwd (and slightly sdwd) on R (ct 1); bring L to R
with accent (ct 2).
- 2-5 Repeat meas 1 four times.
- 6 Step R (ct 1); hop on R (ct 2).
- 7 Step L (ct 1); hop on L (ct 2).
- 8 Step R (ct 1); step L (ct 2).
- 9 Step R (ct 1); hop on R (ct 2).

Meas 6-9 done curling in twd the ctr of the line.

Presented by Martin Koenig