

TEACHER'S DANCE NOTES

by

Christy Lane

www.christylane.com

Multicultural

Hora (Israel) - Step L, Kick R, Step R, Kick L, Step L, R, L, R traveling L. Teach facing teacher in line before getting into circle. Teach slow, then faster tempo.

Hukilau (Hawaii) - Teach hands (describing the actions of the words) first, then teach Step, Together, Step foot pattern 2nd before performing them together.

D'Hammerschmiedsgselln (Germany) - Clap thighs, Slap rib cage, Clap partner's R hand, Clap partner's L hand, Clap both hands with partner. On chorus, step hop for 16 counts with everyone joining hands. Repeat the claps. Perform step hop pattern with hands in middle to form a star. Repeat the claps. Perform the step hop pattern with hands on shoulders.

Highlife (Africa) - 4 Step-Together-Steps to the R, Repeat L with sawing arms, 4 Step-Touches Forward and Back, 4 Step-Together-Steps to R with praying Arms, Take it down for 4 counts, Repeat to L, Take it down for 4 counts, Repeat 4 Step Touches Forward and Back, Paddle turn in Circle.

Yanko (China) - Figure 8's, Runs to side, Runs in circle, Half peaches, Half peaches with quarter turns, Moving figure 8's, Backward Running Steps, Turn, Ending Posture.

Virginia Reel (USA) - Walk to Partner, Forward and bow, Right elbow swing, Left elbow swing, Two hand turn, Do-si-do, Sashay Down and back, Reel the Set, Cast off and follow the Leader, Go through the arch. Repeat entire with new head couple.

Tinikling (Philippines) - Basic Figure (Hop inside R, inside L, outside R, outside L) 4 times, Basic Figure with a Turn (repeat 3 steps of basic figures, then half turn to the right taking 3 steps) 2 times, Heel and Toe Figure (touch the R heel in between the poles, then the R toe, hop over the poles onto the R foot) 4 times, Hopscotch Figure (jump in between the poles on both feet twice, then jump outside of the poles on both feet for one count) 2 times.