

Shire of the Isles

<http://www.engineering.ucsb.edu/~beans/isles/dance.html>

Shire of Isles Dance Notes

compiled by Her Ladyship Berengere d'Acre (Meg Miller), except as noted

SELLENGER'S ROUND

Circular dance for as many as will

Taking hands all, eight slipping steps to the left. Eight slipping steps to the right..

Chorus (also known as Worship Figure): All go in a double, clap, and back out a double. Partners set and turn. All that again.

Partners side, that again.

Chorus.

Partners arm right, then arm left.

Chorus.

(optional)

Grand Hey: Take right hands with your partner, pull past to the next person, reaching for that person with your left hand. **DO NOT LET GO UNTIL YOU HAVE TAKEN HANDS WITH THE NEXT PERSON.** Continue pulling past by alternating rights and lefts for seven people (you probably WON'T end up with your partner); stop at the eighth person.

Chorus.

BLACK NAG

longways dance for three couples

All up a double and back. That again.

First couple, followed by others in turn, takes hands and slips up the hall four slips. All turn single.

Third couple, followed by others in turn, slips down the hall as before. All turn single.

Partners side, that again.

Top man, bottom lady exchange places; top lady, bottom man exchange places; middle couple exchange places. All turn single.

All that again, in the same order (original top man exchanges places with original bottom lady, etc). All turn single.

Partners arm right, then arm left.

Men do a straight hey, with first man starting down, second and third men starting facing up. Women do as much.

First couple casts down to the third couple's position and the others move up as the dance begins again at up a double and back. Three times through total.