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#### Folk Dance Scene

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*Folk Dance Scene* is published to educate its readers concerning the folk dance, music, costumes, lore and culture of the peoples of the world. It is designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

SUBMISSIONS: Information to be included in the *Scene* should reach the editor by the 10th of the month preceding publication. We reserve the right to edit all submissions for space considerations. Electronic submission (including all photos) is required. Views expressed in *Scene* are solely the opinions of the authors. Neither *Scene* nor the Federation assumes responsibility for the accuracy of the information sent in.

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On the cover: Dancers enjoying Yves Moreau's teaching at Laguna Festival 2020





Volume 56, No. 3 April 2020

## **Editors' Corner**

What a difference in writing this compared to last month, when the world seemed it would continue on its even path. But we have been upended by a submicroscopic varmint. So we make adjustments and learn new skills with a new feeling of community across the country to mitigate the damage.

Clubs are dark as we write this and may still be dark when you read it. But we can look back with pleasure at the wonderful festival put on by the Laguna International Dancers, our cover story. Jim Gold, via Joan Hantman, has some suggestions for coping and Nancy Milligan contributes a recipe for Ethnic Food.

Our usual closing is Be of Good Cheer. The more complete quote is "Be of good cheer for this too shall pass".

Pat Cross and Don Krotser

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For information about dancing in the area, contact the Federation at the Federation website: SoCalFolkdance.org

## DICK OAKES RECEIVES THE 'LIFETIME ACHIEVEMENT' AWARD

At the Laguna Festival, Dick Oakes was given the 'Lifetime Achievement Award' for his many contributions to folk dancing. Below is his bio, excerpted from the excellent Federation web-site <u>http://www.socalfolkdance.org/teachers.htm</u>, which he created and then maintained for years.



Dick Oakes grew up in Washington state, where he excelled in trampoline and diving. Dick folk danced a few times at the International Folk Dancers of Richland, his hometown, but it wasn't until several years later, while in the U.S. Navy stationed in San Diego, California, that he really got "hooked." He danced in San Diego at Cabrillo Folk Dancers with Vivian Woll and at the San Diego Folk Dancers, learning styles and teaching techniques from Louis & Nancy Denov, and did his first performing there with John Hancock's Dolina Cigany and Vyts Beliajus' Viltis Dancers.

He received a scholarship to the Santa Barbara Folk Dance Conference. After that, he was asked to teach a Federation Workshop in Long Beach, which was the beginning of his folk dance teaching "career." He has also received many other scholarships over the years. Following his honorable discharge from the Navy, he moved to Los Angeles, then the major center of folk dancing in the Southland, to join the *Gandy Dancers* and where he married and fathered a daughter.

The Corner continues on page 9.

This year's festival, held March 6-8, 2020 was excellent in all respects. It always is very pleasant, but this time even more so, due to:

Attendance was very good, partly because of it being the 50<sup>th</sup> anniversary, but also:

It was held in conjunction with the National Folk Organization session, also in Laguna Woods. Thus a lot of people stayed over, some from various parts of the U.S. and even a few from other countries.

A large number of students from Brigham Young's folk dance group were there. They attended most sessions, met with many of us that are somewhat past our college days, and even did a mini spur-of-the-moment performance. Having all these young dancers added a lot to the enjoyment.

Yves and France Moreau, who also taught at the 25th Anniversary festival came out of 'retirement' to present some of the Balkan favorites. Aaron Alpert was well-received with his enthusiastic and varied teaching of Israeli dances. Plus there were cameo sessions by Tom Bozigian and Lee Otterholt.

There was lots of live music! Not only for most of the party dances, but also to accompany the three singing sessions.

The dance concert contained three varied ethnic performers: D.E.B.A. doing Balkan, Krakusy Polish, and Scandia.

Food and drink: cold and hot beverages available all the time, catered meals, happy hour, late-night snacks, ice-cream social.

The schedule was well thought through, and, adhered-to!

Good decorations, everything well signed, efficient staff to quickly re-arrange furniture, good sound system, lots of small 'touches' which made for a smooth and enjoyable time for all.

All of the above would have been commendable under ordinary circumstances. But that was not the case. Several people or groups had to cancel their participation in the festival due to travel restrictions or concerns, some only two days before the start. The committee was able to get replacements to play at the parties with extremely short lead time. The bands were not only willing and able to fill in, but did an excellent job of selecting and playing a variety of dances. Terry Gucwa, who was already working on getting and rehearsing a band for volunteers to play in, was suddenly asked to have them to play for the singing sessions as well. In addition, he also led the instrument sessions, and singing workshops, along with Melanie Lawson.

So the committee that put on the festival deserves an extra degree of praise for their efforts in coping with the difficulties.





Aaron Alpert adding an Israeli dance name to the teaching list.

Couples doing the Israeli dance Shimri Li Al Ha'mangina taught by Aaron. From the left: Roo Lester and Ping Chun (both visiting from the East), Sue Chen with a student, Joseph Jones, Joan Hantman and Aaron Alpert.





Yves and France Moreau teaching a Balkan dance.

Tom Bozigian teaching at the Cameo session, assisted by his wife, Sheree King





Marcella Lawson and Lee Otterholt singing with the band.



Lee Otterholt introducing Gabi Russell, who celebrated her 21st birthday at the festival.



Terry Gucwa singing with a band.





Bulgarian performing group, D.E.B.A. posing with Yves Moreau after the Dance Concert.



Some key festival people being thanked. From left: Miriam Kahn (president of Laguna Int'l Dancers), Terry Gucwa (singing and instrument teacher, organizer of 'pick-up' band), John Filcich (previous recipient of the 'Lifetime Achievement Award', and vendor), Melanie Lawson (ukelele singing session leader), Aaron Alpert (Israeli dance teacher), France and Yves Moreau (Balkan dance teachers), Lee Otterholt (Cameo dance teacher, and lots of other things).

both Northern and Southern California, such as: Café organized several folk dance functions and was co-AMAN, Cafe Danssa, the Intersection, Zorba's, to name but a few. He completed two national/ international teaching tours in 1976 and 1977. Dick's unique teaching style, humorous presentation, ability to accurately convey not only the steps but, more importantly, the style of many varied nationalities, and feeling for the learning process, made him a much sought after teacher for camps, workshops, institutes, seminars, and conferences.

The sound movies and stereo slides he took in Bulgaria. Romania, and Yugoslavia are an entertaining source of folkloric research material especially those of the Koprivshtitsa Festival during Bulgaria's 1300th anniversary and Romania's Tismana Festival. Dick's dance notes, maps of various countries, folk dance songs, pronunciation guides, and teaching resources also are helpful tools.

As one of this country's fine folk dance performers, Dick has been seen on television in California, Colorado, and Oklahoma – at times directing his own groups for these shows. Dick appeared as a Greek dancer in the Hollywood film for television "Star Maker." He was a member of Anthony Shay's Village Dancers and later a performer with Shay's famed AMAN Folk Ensemble, performing in Croatian, Bulgarian, and Romanian suites.

as: AMAN, Betyárok (Hungarian), Gandy Dancers (Hungarian, Ukrainian, and Scandinavian), and Award" in recognition of contributions to folk dancing Westwind International Folk Ensemble - Los Angeles in Texas and in the United States, both in 2014. Also, (American Breakdown). He also has choreographed suites for the Hungarian performing group Betyárok Stockton Folk Dance Camp. and the Gandy Dancers.

Some of the videos of Dick are below:

VIDEO: Reit im Winkl Schuhplattler. Dick Oakes and Lynn Callahan, G.T.E.V. D'Isartaler, IN SLOW MOTION

VIDEO: Highlife. Dick Oakes, Lighted Lantern Camp, Golden, Colorado

VIDEO: 70th Birthday Party. Dick Oakes, Anaheim, California (YouTube)

His other activities and accomplishments are numerous, serving in several capacities, in the Folk Dance Federation as president, among other offices, in individual clubs. With Paul Pritchard. Dick was the first co-editor of Folk Dance Scene. Southern California's folk dance news magazine, and was a

Dick taught at many folk dance coffee houses in staff artist for the Viltis Folklore Magazine. Dick director, with Diki Shields, of the successful Holiday Camp folk dance conference in the San Bernardino Mountains of Southern California, Dick was also on the Advisory Board of the California Traditional Music Society (CTMS), and the advisory board of the AMAN Folk Ensemble.

> Dick has taught at many venues, among them: Camp Hess Kramer, Idyllwild Folk Dance Workshop, New Mexico August Camp, Santa Barbara Folk Dance Conference, and Stockton Folk Dance Camp, plus most of the individual clubs in California. .He has taught in nearly 100 cities in the United States and Canada and taught Balkan dances to hundreds of Chinese folk dancers in Taiwan, Hong Kong, and Kowloon China. Traveling with his wife, Carol, Dick also taught folk dances on one of Rae Tauber's OPA! Folklore Tours through Bulgaria, Romania, and Yugoslavia, and on one of Mel Mann's Dance on the Water cruises to Alaska. Dick and Carol moved from Southern California to Colorado's front range.

> In 2008, Dick donated hundreds of his folk dance records and most of his folk dance notes and books to the Society of Folk Dance Historians in Austin, Texas, run by Ron Houston.

Dick received the National Folk Dance Organization U.S.A. "Preserving Our Heritage Award" for a lifetime His list of performing credits includes such groups of achievement in folk dance and folk arts, and also the San Antonio Folk Dance Festival "National Dance in 2014, he taught a "Dances for All Ages" class at the

> In 2017, Marshall Cates, outgoing president of the Folk Dance Federation of California, South, Inc., presented Dick with a Service Award "in appreciation of decades of dedication and service."

> Dick dropped out of the teaching and dancing scene in the late 1980s after his left knee gave out. He had surgery to replace his left and right knees and resumed teaching again until January of 2019, at which time he hung up his teaching opanci because of severe osteoarthritis in both feet.

> For more details on his many activities, including a list of his numerous publications, see his full bio on the Federation web-site. http://www.socalfolkdance.org/ teachers.htm

## CALENDAR

#### CALL TO CONFIRM ALL EVENTS Because of the novel coronavirus, all public events in March and April have been cancelled, along with events at the beginning of May. It is unclear at press time how long this period of keeping a social distance will go on. Please stay safe and confirm all events.

Note: Federation events are in bold.

#### APRIL

- 4, 5 <u>CANCELLED.</u> *Spring Festival* sponsored by Balboa Park Folk Dancers
- 19 <u>CANCELLED.</u> Westwood Coop Spring Festival, Roxbury Park, Beverly Hills 1-4:30 pm.
- 19 <u>CANCELLED.</u> St. Sophia Easter Picnic, Brookside Park https://saintsophia.org/eventseaster-picnic/

#### MAY

- 3 <u>CANCELLED.</u> Cerritos Festival at Cerritos Senior Center
- 3 <u>CANCELLED.</u> So Cal Folk Fest, music and dancing of the Balkans and Eastern Europe.
- 10 Mother's Day Concert with Zhena Folk Chorus and Team Taiko, 2 pm, Grand Annex, 434 W. Sixth St. San Pedro. Info: (310) 833-4813, https://grandvision.secure.force.com/ticket/ #sections\_a0F4p000004Cl8qEAC.
- 15-17 Greek Festival, St. John's, Anaheim https:// ocgreekfest.com/
- 17 *Topanga Banjo and Fiddle Contest,* Paramount Ranch, Agoura Hills.

#### JUNE

6 Veselo Selo 50th Anniversary Party with live music from Veselba

#### NORTHERN CALIFORNIA

 4/26 <u>CANCELLED.</u> Blossom International Folk Dance Festival. 10:30 Federation Mtg., 12:30 – 1:30 beginners, 1:30 – 5:00 general dancing. At City College of SF, 50 Frida Kahlo Way. Info: 650.359.7486, crb2crb@cimcast.net

- 5/22-24 California Statewide Festival: Pastoral Fandango. Hermann Sons Hall, 860 Western Ave., Petaluma, CA 94952. Featuring Bruce Hamilton, Ahmet Lüleçi, & Gergana Panova, music by Chubritza. See ad.
- 6/5-7: *Razzmatazz camp* at Mendocino Woodlands with Michael Ginsburg, Edessa http:// marilynsmithrazzmatazz.blogspot.com/p/ razzmatazz-weekend-flyer-2017.html
- 6/15-20 *Scandia Camp.* Dance, music and singing from Norway and Sweden. At Mendocino Woodlands. Info: www.ScandiaCampMendocino.org
- 6/20-27 *EEFC Balkan Camp*. Mendocino Woodlands.
- 7/19-25, 7/26-8/1. *Stockton FD Camp.* Two identical weeks, at Univ. of the Pacific. See ad.

#### OUT OF STATE

#### ILLINOIS

5/28-31 *June Camp*, with teachers Lee Otterholt and Penny Britcha, live music. At Trinity Univ., Deerfield. Info: JuneCampIFD@gmail.com

#### MAINE

8/16-22 and 23-29 *Mainewoods Dance Camp,* Fryeburg. www.mainewoodsdancecamp.org

#### NEW YORK

- 5/8-10 *IFC Revival* with Caspar Bik, Steve Kotanksy, Moshe Eskayo, MarekKef Express. Circle Lodge, Sylvan Lake, Hopewell Junction, http://ifc -ny.com/IFC.flier.pdf
- 8/8-15 EEFC Balkan Camp, Iroquois Springs.

#### FOREIGN ALBANIA AND KOSOVO

5/7-19 *Tour led by Lee Otterholt*. Includes Tirana, Durres, Viora FD Festival, Kruja, Saranda, Berat, Shkodra, Gjirokastra. Extension 5/19-21. Info: www.JimGold.com, 201.836.0362. See ad.

#### BULGARIA

- 6/9-17 Rose Valley Workshop and a special late summer workshop before Koprivshtitsa 7/28-8/5. Info: RoseValleyWorkshop@gmail.com
- 7/30-8/5 *Bulgarian Folk Music & Dance*, Plovdiv, Bulgaria www.folkseminarplovdiv.net
- 8/2-16 *Tour led by Jim Gold and Lee Otterholt*. Includes Koprivshtitsa Folk Festival. Info: www.JimGold.com, 201.836.0362. See ad.
- 8/3-17 Tour led by Petur Iliev includes Koprivshtitsa, Sofia, Plovdiv, Veliko Turnovo, the Rodopi mountains: Smolyan / Shiroka Luka, Pirin Macedonia: Sandanski / Melnik, the Black Sea Coast: Cape Kaliakra / Balchik, more. Info: ilievdance@gmail.com
- 8/5-24 *Culture Trip to Bulgaria and Romania* with Nina Kavardjikova includes Koprivshtitsa, Zheravna Ethnic Costume Festival and more. Info: ninalk20@hotmail.com or +31-6-2878-4821.

#### CENTRAL EUROPE

6/16-29, 2021 *Folk Dance and Yodeling Tour* to Germany, Austria, Lichtenstein, Switzerland. Led by Jim Gold. Info: www.JimGold.com, 201.836.0362. See ad.

#### GREECE

- 6/2-15 *Balkan Folk Tour 2020*, Macedonia, Albania & Greece led by Vlasto Petkovski. Info: sunstagecompany@gmail.com
- 8/6-17 Traditional Greek Dance Seminar "From Prespes to Epirus" with Yiannis Konstantinou/ Lygkistes with Elli Kazakou. Info: yankost@otenet.gr.
- 10/10-23 *Tour of Greece and Greek Islands*. Led by Jim Gold and/or Lee Otterholt. Athens, Sparta, Delphi, etc. plus cruise to islands. Info: www.JimGold.com, 201.836.0362. See ad.

#### HUNGARY

9/23-10/4 Hungary Dance and Folklore Tour with Steve & Susan Kotansky, Zoltan Farkas &Ildeko Toth and Jeff O'Connor. Budapest and NW areas of Hungary. Info: tours.easterneurope@gmail.com

#### ISRAEL

10/31-11/11, 2021 *Tour led by Jim Gold, Joe Freedman and Lee Friedman.* Info: www.JimGold.com or 201.836.0362. See ad.

#### PERU, BOLIVIA, CHILE

5/23-6/4 *Tour led by Martha Travera.* Ext. 6/4-6. Info: www.JimGold.com, 201.836.0362. See ad.

#### RUSSIA

10/4-14 Yuval Ron Ensemble's tour to Russia. Music, cuisine, workshops, architecture, dance, history, meetings and parties. RSVP at https:// yuvalronmusic.com/yuval-ron-ensemble/russiatour/ or email apricottoursv@gmail.com

#### SCANDINAVIA

6/9 – 22 *Tour to Norway, Denmark, Sweden*. Led by Lee Otterholt. Info: www.JimGold.com, 201.836.0362. See ad.

#### SPAIN

9/16-29, 2021 *Tour led by Lee Otterholt*. Malaga, Cadiz, Seville, Cordoba, Jaen, Granada. Info: www.JimGold.com, 201.836.0362. See ad.



## **ON THE SCENE**

Editor's Note: All in person folk dance groups are dark until further notice, following the CDC guidelines.

#### NARODNI INTERNATIONAL FOLKDANCERS

- April 2, 9, 16 Tomato Surprise! Hopefully we will be teaching & reviewing dances from last month's Laguna Festival.
- April 23 Narodni celebrates Earth Day. We will be decking the halls with edible greens. You might be surprised at how good this looks. Bring your grocery bags to take home that Kale, chard, spinach etc. when we are done. All will be organic from someone's backyard garden. If you have some things in your garden to share, feel free to bring them. We will also have our board with tips for a sustainable lifestyle. See what we have and add yours to our list. If you know any "earthy" dances, now is the time to put them on our request list.
- April 30 T-shirt night: wear your Narodni t-shirt and save a dollar on your donation. This will be an all request evening.

Our regular meeting night is Thursday at the Bellflower Woman's Club from 7:30 to 10:30. If you want to get on the mailing list to receive our weekly email announcements, you can sign up at <u>narodni@callicomp.info</u>

For more information contact Julith Neff at (562) 881-9504 (cell). You can also visit our website at <u>www.narodni.org</u> for basic information.

Julith Neff

#### WESTWOD FESTIVAL

Sunday April 19 at 1:00 at Roxbury Park

CANCELLED

#### PASADENA FOLK DANCE CO-OP

We dance every Friday from 7:30 till 10:30 PM at the Altadena Community Church at 943 E. Altadena Drive in Altadena. We start with a few warm up dances, then have two half-hour teaching sessions, and then programmed and requested dances until 10:30.

For the first teaching session in April, we're teaching the Israeli line dance, Joshua, and the Israeli couple dance *Kan Badarom*. In the second session, we'll teach the Armenian line dance, *Garoon*.

For more information go to PasadenaFolkDanceCoop.org

Mari Werner Pasadena Folk Dance Co-op Publicity

#### **CERRITOS FESTIVAL**

May 3, 2020, 1:00 to 5:40 p.m

CANCELLED

#### SOCAL FOLK FEST

Sunday, May 3, 2020

#### CANCELLED

#### **VESELO SELO**

April 4 Cane Carovski teaching Macedonian dances.

f April 11 Dark

April 18 Dance reviews

April 25 More reviews

Please check our Website and/or Facebook to be sure schedule has not been changed.

Louise Perry

## Ethnic Food

#### EETCH

#### (Armenian bulgur salad)

The tabouli-like salad below has been served at some of Kypseli's dance events; most recently in January. Many people have asked for the recipe. Enjoy it with yogurt, hummus and various vegetables. It's a simple food that every family dresses up with their preferred vegetables.

Nancy Milligan

#### 1 tbsp. Aleppo pepper

Juice of 2 lemons.

1 1/2 cups fine bulgur #1

#### For topping

1 bunch of fresh parsley chopped

3-4 green onions chopped

#### Preparation

Finely chop the onion, bell pepper, put in a saucepan with some vegetable oil and sauté for 10 minutes on medium heat until onions are soft.

Add the tomato puree, paste, salt, and Aleppo pepper and continue to heat for 30 minutes. Remove from heat and add bulgur. Mix well and keep covered for 15 minutes. Add lemon juice and mix well.

When completely cool, add finely chopped parsley and green onions, and olive oil and mix well.

Refrigerate and serve cold.

#### Ingredients

1 large onion chopped

1 bell pepper chopped

2 pounds fresh tomatoes pureed

DEBBIE AVEDIAN'S EETCH RECIPE

vegetable oil

extra virgin olive oil

1 tbsp. tomato paste

1 tbsp. salt

#### Continued from On the Scene

## ITEMS FOR FALL CAMP YARD SALE AND SILENT AUCTION

In order to defray the costs of Fall Camp 2020, we will have a yard sale in June and a silent auction of folk dance related items at camp on Dec. 4-6. Please note that donations to the yard sale do not have to be folk dance related.

In the March *Scene*, we listed two weekly dance groups and the Spring Festival as convenient opportunities to transfer to us your donations to the Fall Camp sales. Now that so many events have been cancelled to reduce the spread of coronavirus, we suggest you simply send us an email at <u>Dance@FallCamp.org</u>, and we will make arrangements with you for after the easing of the pandemic.

We believe clothing will sell particularly well at the yard sale, but many other kinds of items are also appreciated. Unfortunately, we cannot accept very large furniture, VHS tapes, products that contain harmful chemicals, or anything that Kim Jong-un might claim belongs to him.

Jan and Marc Rayman

Statewide 2020 Folk Dance Festival Friday May 22 - Sunday 24, 2020

Guest Teachers: Ahmet Luleci Gergana Panova Bruce Hamilton

Middle Eastern Dinner and Installation Lunch catered by

**The River Front Cafe** 

## **Our Host Hotels:**

 Hampton Inn and Suites ~ 6248 Redwood Drive Rohnert Park, CA 94928

> ~Motel 6 ~ 6145 Commerce Blvd. Rohnert Park, CA 94928

Hermann Sons Hall 860 Western Ave Petaluma, CA 94952 Evening Parties With Chubteliza

Additional entertainment by Gradina Chinese Performance Group with Rebecca Tsai The Redwood Dance Squad

For more information about the festival, parking, host hotel go to: http://statewide.folkdance.com

Banner art used by permission of artist Maxfield Bala

BALA

#### **Pastoral Fandango – Statewide Folk Dance Festival**

May 22 - May 24, 2020

Hermann Sons Hall, Petaluma, California

Registration Form (Please register individually, one form per person)

Name:		
Phone:	Best time to	call:
City:	State:	Zip Code:
Festival Package (Includes ALL workshops and parties, \$130 at the	e door)	
[ ] \$105 when payment is received by February 1, 2020		Children under 13 are
[ ] \$110 when payment is received by April 15, 2020		admitted free with a
[ ] \$115 when payment is received by May 12, 2020 (final day to	preregister)	paying adult. Young adults aged 13-21 will
		receive a 50% discount,
All Day events (ONLY WITH early registration)		but may be required to
[ ] \$70 All day Saturday (\$80 at the door)		volunteer from 1-2 hours
[ ] \$45 All day Sunday (\$55 at the door)		during the festival. Work
		scholarships available.
Individual Events (ONLY WITH early registration) \$30 each at the		Contact Marina at
[ ] \$25 Friday evening party [ ] \$25 Saturday even	ening party	mylt48@sbcglobal.net
[ ] \$25 Saturday AM instruction [ ] \$25 Saturday PM		
[ ] \$25 Sunday morning instruction] [ ] \$25 Sunday after		
		total: \$
Additional offerings: (meals and syllabus only available with pre-re-		
[ ] \$12 Mexican Lunch Saturday [ ] with m		
[ ] \$18 Middle Eastern Dinner Saturday night [ ] with m	eat [	] vegetarian
[ ] \$17 Installation Lunch Sunday [ ] with m	ieat [	] vegetarian
[ ] \$20 Festival video access on Google drive		
[ ] \$25 Festival video on a DVD mailed to you		
[ ] \$10 Printed syllabus		
[ ] \$22 Souvenir T-shirt designed by S. Gregory Size	[] Man	[ ] Woman
[ ] Tax deductible donation \$		neck, or [ ] V-neck
(All T-shirts in either Red or Black, except men's V neck in either Black or Teal)	Color: R [	], B[ ], T[ ]

#### TOTAL ENCLOSED: \$\_\_\_\_\_

**To register with this mail-in form**: Send with your check (made payable to *Folk Dance Federation*) to: Statewide Registrar, Sabine Zappe, 153 Race Street, San Jose, CA 95126. **On-line Registration** available starting January 2020 at http://statewide.folkdance.com.

Visit the Statewide 2020 webpage at http://statewide.folkdance.com for the latest information about schedule,

teachers, area hotels and restaurants, parking, and directions. Statewide 2020 is sponsored by the Folk Dance Federation of California, a non-profit organization.

## VIRUS

Editor's Note: With the pandemic in effect, many folk dance events have been cancelled or postponed. Below are some ideas of what we can do until normalcy returns.

#### NARODNI ON MARCH 12



The "corona virus formation" was used at Narodni's last dance night March 12: 6' apart; no touching; no more than 10 people in the room. Julith and Camille did flub once and actually *took hands!...*but that was quickly corrected. We had fun at our all-request night, taking turns choosing dances and dancing 'separately together'...before sadly bidding each other fare well until April...or whenever the 'all clear' is sounded for the pesky corona virus ado and we can actually hold hands again.

Camille Dull

#### HERE IS A SUGGESTION FROM JIM GOLD (SENT TO US BY JOAN HANTMAN)

Dear Folk Dancers,

A folk dance a day keeps the doctor away.

Every crisis is an opportunity in disguise.

Difficult situations offer both positive and negative pathways.

The art of life is to find the positive ones, then walk, run, and dance on these pathways.

In light of these words, I suggest a program to be followed during this Coronavirus period, an historic crisis situation, filled with many unknowns and uncertainties. Today, in the period of quarantines and social distancing many dancers are stuck at home. What to do with this sudden extra free time?

#### Here's my suggestion:

A Treasury of International Folk Dances: <u>A Step-by-Step Guide Choreographed by Jim Gold</u> has been published and is available at <u>https://www.amazon.com/</u> or my website: <u>https://www.jimgold.com/books-by-jim-gold/</u>

All the dances in it are demonstrated on YouTube videos, thus, you can easily (or not so easily) learn the dances. Also, since each YouTube video comes with written dance instructions, here's an opportunity to learn how to read folk dance instructions.

A dance a day keeps the doctor away.

Two or more release happiness healing endorphins!

And even better, the benefits increase exponentially with each dance you learn!

For local dancers, I suggest exploring and learning some of the dances below. When we meet again, we can dance them together! For others, throughout the United States and the world, I suggest learning the same dances! And perhaps, one day you'll come to visit us, we can all dance together! Any questions, please give me a call, or send me an email.

Best of dancing. Jim Gold

#### List: Some of Jim's Suggested Folk Dances (Many of these we already dance in our groups.)

- 1. Fredo (France)
- 2. Athens Hasapico (Greece)
- 3. La Kreasyon (Bosnia)
- 4. A La Claire Fontaine
- 5. Ne Klepeci
- 6. U Sest Number 7
- 7. De Boka De Dyo
- 8. La Kreasyon
- 9. Naxos Kalimera
- 10. Djeni Me Mamo (balance dance)
- 11. Aj Da Idem Jano
- 12. Layla, Layla
- 13. Freilach
- 14. Stari Zupski Ples
- 15. El Pastor
- 16. Pravo Horo Ivan
- 17, Ela Apopse

#### LEADER OF THE DANCE

Twirling couples swirl through the dance Alert to the cue and the optional prance Imitating undulations, perfecting the stance,

Following a leader frenzied, feral, fierce Or another jumpy, jittery, jejune, Or one perceptive, proficient, poised

Following a leader of our choosing Or one others chose while we were musing Amidst worlds colliding and stars falling.

---Camille Dull



#### **OXY WALTZ NIGHT**

Annual tradition reserve the hall choose the music gather dancers adapt choreography develop skills rehearse, refine

Early last run-through will the people come? Grand march to begin disperse to dance performance starts then teaching storied presentation flashy moves

Waltzing on to more teaching gallop to polka slower waltzes faster with traffic the joy of youth discovering, laughing

Don Krotser

Elizabeth (Betchen) Barber dancing with Alan Knoerr. Mike Sheffield with Sharon Sheffield at Oxy Waltz Night

#### THOSE WHO ARE POETS

those who are poets --often alone, never lonely in a living breathing place

view their world through unique glasses listen to butterflies sing savor a snow-field's crop ponder a mountain's whisper find their tears and laughter in a basket of dreams

transfer verse to paper like a brush to painting like a wakeful dream like imaginative artists true to their own artistry

never feel at peace their words warring competing melding intruding painting perceiving whispering shouting at the sky restless even after they come to rest on paper

often wander away from simple conversation wake suddenly at dawn looking for pen and paper or someone to listen

those who are poets light a candle whenever pen touches paper and the words become a torch

Lillian Rodich

#### SAFEGUARD YOUR SOUL

Waltz in reverse walk brambly paths sing loudly off-key

Sit by the fire one cat at your feet the other on your lap

listen - to music and loved ones watch - old movies or cooking shows read - classics and the comics

The world outside will do as it will safeguard your soul

Pat Cross



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# Stockton Folk Dance Can FIRST WEEK: JULY 19-25 Second WEEK: JULY 26-AUGUST 1



Cristian Florescu & Sonia Dion Romanian Richard Powers Waltz



Tineke Van Geel International International Balkan/Roma non-partner/partner/







Vlasto Petkovski Aaron Alpert Tony Parkes Macedonian Israeli Partner Squares & Contras **Tony Parkes** 



Miamon Miller & Free Range Organic



**Michele Simon** Singing



TYOFTHE

Melanie & Marcella Lawson Ukulele

## Jim Gold International Folk Tours: 2019-21



broadens one! Meet the people, see historic sites, folk dance with local groups.

Our trips are for folk dancers, non-dancers, and anyone with a love of travel and culture. Tour itineraries at: <u>www.jimgold.com</u>

PERU, BOLIVIA, CHILE: May 23-June 4, ext. June 4-6, 2020 Led by Martha Travera Cuzco, Sacred Valley, Machu Picchu, Quechua Village, Lake Titicaca, Uyuni, La Paz, Atacama Desert

ALBANIA and KOSOVO: May 5-17, ext. 17-19, 2020 Led by Lee Otterholt Tirana, Durres, Vlora Folk Dance Festival! Kruja, Saranda, Berat, Shkodra, Gjirokastra

NORWAY, DENMARK, SWEDEN: June 9-22, 2020 Led by Lee Otterholt: Oslo, Gothenburg, Helsingborg, Copenhagen

**BULGARIA**: August 3-16, 2020 Koprivshtitsa Folk Festival Tour! Led by Jim Gold, Lee Otterholt, Lee Friedman Sofia, Plovdiv, Bansko, Veliko Turnovo, and Koprivshtitsa Folk Festival

GREECE and the GREEK ISLANDS: October 10-23, 2020 Led by Jim Gold and/or Lee Otterholt: Athens, Nauplia, Sparta, Olympia, Delphi, Meteora, Mycenae, and Epidaurus Greek Island Cruise to Mykonos, Crete, Rhodes, Patmos, Kusadasi (Turkey), Santorini Ext.: Oct. 23-25









SPAIN: September 16-29, 2021: Led by Lee Otterholt Malaga, Cadiz, Seville, Cordoba, Jaen, Granada

GERMANY, AUSTRIA, LICHTENSTEIN, SWITZERLAND June 16-29, 2021. Folk Dance and Yodeling Tour. First of its kind! Led by Jim Gold, Lee Otterholt, and Lee Friedman Munich, Saltzburg, Innsbruck, Swiss Alps, Lucerne, Zurich

**ISRAEL:** October 31-November 11, 2021

Led by Jim Gold, Joe Freedman, and Lee Friedman Jerusalem, Masada, Tel Aviv, Galilee, Haifa, Tiberias, Safed, and Golan Heights

	RATION: Can't wait to go! F h credit card at: www.jimgo		Mail your \$200	per person
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## **CLUB DIRECTORY**

Most groups welcome beginning dancers. The groups with an  $\ast$  below have sessions specifically for beginners.

### **Federation Clubs**

\*Cabrillo Folk Dancers: Tue 7:00-9:30 (Beg 7-8). Balboa Park. Balboa Park Club, 2144 Pan American, SAN DIEGO. (858) 459-1336 gbsham@gmail.com Georgina.

**Cerritos Folk Dancers:** Tue 6:00-8:45. Cerritos Senior Center, 12340 South St, **CERRITOS**. (562) 865-8854 chiangwenli@yahoo.com Wen Chiang

Conejo Valley Folk Dancers: Wed 7:30-9:30. Conejo Rec Center, 403 W Hillcrest Dr, THOUSAND OAKS. (805) 495-6491 mar601@earthlink.net Marion Miller

Ethnic Express: Wed 6:30 except holidays. Charleston Heights Arts Center, 800 So. Brush St, LAS VE-GAS. (702) 732-4871 rpkillian@gmail.com Richard Killian

Fantasy Folk Dance Club: Sun 4:00 - 7:00. St Thomas Aquinas Church, 1501 S Atlantic Blvd, MONTEREY PARK. tiggerbyc@yahoo.com (626) 688-9245 Sophie Chen. Fri 8:15-10:45. El Monte Chamber of Commerce, 10505 Valley Blvd EL MON-TE. (626) 429-9008 Vincentyhcheng@gmail.com Vincent Cheng

Int'l Folk Dance Club - Laguna Woods: Tue 9:00am-12:00. Clubhouse 6, 24061 Algarrobo, LA-GUNA WOODS. (949) 454-0837 friedagorelick@hotmail.com Frieda Gorelick

**Kypseli Greek Folk Dancing**: Fri 8:30-11:30. The Tango Room, 4346 Woodman Ave, **SHERMAN OAKS**. www.kypseli.org (323) 660-1030 jozefbilman1030@aol.com Jozef Bilman

Laguna Int'l Dancers: Wed 6:00-8:30, Sun 6:00-8:30. Clubhouse 2, 24112 Moulton Pkwy, LAGUNA WOODS. (949) 770-7026 7kahnmiriam@gmail.com Miriam Kahn www.lagunainternationaldancers.com

Mountain Dancers: 1st & 3rd Tue 1:30-3:30 (Oct. thru June). Woman's Club, 1424 Fremont Ave, S. PASADENA (626) 355-9220 johnmeursinge@gmail.com John Meursinge Narodni Int'l Folkdancers: Thu 7:30-10:30. Woman's Club of Bellflower, 9402 Oak St, **BellFlower.** (562) 881-9504 julithilona@gmail.com Julith Neff

\***Pasadena Folk Dance Co-op:** Fri 7:30-10:30 (Beg 7:30-8). Altadena Community Church, 943 E Altadena Dr, **Altadena.** (626) 808-0361 mari2@workableeconomics.com Mari Werner

Prescott Int'l Folkdancers: Sun 3:00-5:00. First Congregational Church, 216 E. Gurley St, PRES-COTT, AZ. (928) 925-8995 Prescott.intl.folkdancers@earthlink.net Dick Weston

Rainbow Senior Club: Sun 3:00-6:00. Joslyn Senior Center 210 N. Chapel Ave, ALHAMBRA. (626) 456-1900 ksun310@yahoo.com Kevin Sun

**Skandia South Dance Club**: Mon 7:00-9:45. Downtown Community Center, 250 E Center, **ANAHEIM**. (714) 893-8888 tedmart@juno.com Ted Martin.

Solvang Village Folk Dancers: Sat 6:30-8:30 (except 3rd Sat). Buellton Recreation Center, 301 2nd St, Buellton. 3rd Sat 1:30-3:30. Corner Alisal & Copenhagen, Solvang (805) 688-3397 dlh4362@gmail.com David Heald

**Tuesday Gypsies**: Tue 7:45-10:15. Masonic Lodge, 9635 Venice Blvd, **CULVER CITY.** (310) 391-7382 sandyhelperin@icloud.com Sandy Helperin

Ventura Int'l Folkdancers: Tue 1:15, Thu 1:45, 1st Sun 3:30. Ventura YMCA, 3760 Telegraph Rd, Ventura. (805) 647-1634 dancing.valerie@gmail.com Valerie Daley

Veselo Selo Folkdancers: Sat 7:30-10:30. Unitarian Church, 511 S. Harbor, ANAHEIM. veseloselo1@yahoo.com (714) 828-2581 Lu Perry

Vintage Israeli Dancing: One Sat per month 8:16-12:00. Anisa's School of Dance, 14252 Ventura Blvd, SHERMAN OAKS. (818) 881-7494 (after noon) richterlouis@aol.com Louis

West Valley Folk Dancers: Fri 7:15-10:00. Senior Center, 7326 Jordan Ave, CANOGA PARK. (818) 348 -6133 lila@aurich.com Lila

Westchester Lariats: Mon 4:00-9:00. United Methodist Church, 8065 Emerson, Los ANGELES. (310) 689-9176 veniceii@yahoo.com Ina Hall Westwood Co-op: Thu 7:30-9:45. Felicia Mahood Senior Center, 11338 Santa Monica Blvd, West LA. (310) 657-6877 rwsklar@yahoo.com Rita Sklar

#### **Exhibition Groups**

Karpatok Hungarian Folk Ensemble: Wed 8:00. United Hungarian House, 1975 Washington, Los ANGELES. (805) 341-9640 sissykf@earthlink.net Sissy Keresztes-Fischer

Krakusy Polish Folk Dance Ensemble: Tue 7:30-9:30 Sat 9:00-10:00. Szarotka Retirement Home, 3400 W Adams Blvd, Los Angeles. Sat 2:15-4:15. Polish Parish Hall, 3424 W Adams Blvd, Los ANGELES. (626) 827-7338 elistarrr@yahoo.com Elizabeth Romuzga.

Scandia Dancers: Tue 7:00-10:00. Woman's Club, BELLFLOWER. (714) 356-7745 sholzman1@verizon.net Stefanie Holzman

UCSB Middle Eastern Ensemble: Tue 7:00-10:00. Gehringer Music Bldg, UCSB Campus, SANTA BAR-BARA. (805) 729-6453 scottmarcu@aol.com Scott Marcus

#### **Non–Federation Clubs**

**Bay Osos Folk Dancers:** Tue 11:00-3:00. South Bay Community Center, 2180 Palisades Ave, Los Osos. (805) 534-1501, annetiber@charter.net Anne Tiber.

Cafe Aman: 2nd Sat 7:00-11:30. Teach 7:30-8:30 LA DanceFit Studio, 10936 Santa Monica Blvd, WEST LA, ianpricebey@gmail.com, madelyntaylor@hotmail.com

**Caltech Folkdancers**: Tue 7:30. Cal Tech Campus, Dabney Hall, parking on California Blvd. or Throop Church, 300 Los Robles, **Pasadena**. (626) 797-5157 Nancy Milligan

Claremont Israeli Dancers: Mon 7:00-10:00 Masonic Lodge, 272 W. 8th St, CLAREMONT. (909) 921 -7115 Yael

**Desert Dancers**: Thu 7:00-9:00 Nov-April. Hi Desert Dance Center, 725 S. Gateway St, **RIDGECREST**. (760) 371-5669 Nora Nuckles

**Desert Int'l Folk Dancers**: Thu 7:00-9:00 Nov-Apr. Leisure Center Dance Studio, 401 S. Pavilion Way, **PALM SPRINGS**. (760) 342-1297 Helen Smith

**Folk Dance Center**: Every Evening. Oasis Wellness Center, 5500 Grossmont Center Dr, La Mesa. (619) 466-4043, www.folkdancecenter.org \*Foothill Folk Dancers: Thu 7:30-9:30. Community Center, 4469 Chevy Chase Dr., LA CAÑADA (818) 790-8523 JanRayman@charter.net www.Foothill.Dance

Friday Night L.I.F.E.: Fri 8:00-11:00. LA DanceFit Studio, 10936 Santa Monica Blvd WEST L.A www.lifebalkandancers.com worldance1@gmail.com Sherry Cochran

Israeli Dancing-James Zimmer: Tue 8:00-12:00. Westside JCC, 5870 W Olympic, L.A. (310) 284-3638 James Zimmer Israelidance@yahoo.com

\*Israeli Dancing @ AJU-Natalie & Pat: Mon 10:30am-1:00, noon-1:00(Beg); Thu 10:30am-11:30. American Jewish Univ Dance Studio, 15600 Mulholland, L.A 818-642-3585 Pat Jordan

Israeli Dancing-Yoni Carr: Mon 7:00-11:30 Beginners at 7:00. Infinity Sport Dance Center, 4428 Convoy St, SAN DIEGO. (619) 227-0110 Yoni

Kayso Folk Dancers: Fri 9:30am-12:00. Balboa Park, Casa del Prado room 206, SAN DIEGO (619) 463-7529 Joe Sigona

San Diego Folk Dancers: Mon 7:30-9:00. Balboa Park Club, Balboa Park, SAN DIEGO (858) 278-4619 Jeanne Cate

Santa Barbara Balkan Folk Dancers: Mon 6:00-8:30, Wed 12:30-2:00, Wed 8:00-10:00. Oak Park Stage, corner Junipero and Calle Real, SANTA BAR-BARA. 805.895.4885 Michal Lynch soriasusan@gmail.com Susan Soria

Santa Monica College Int'l Dance Club: Tue, Thu 11:15am-12:35. Santa Monica College Clock Tower or LS Bldg, 1900 Pico Blvd, SANTA MONICA. (310) 284-3638 James Zimmer

**Topanga Canyon Int'l FD**: Fri 9:30am-11:00am. Froggy's Restaurant, 1105 N. Topanga Canyon Blvd, **TOPANGA**. (310) 455-1051 Melanie Kareem

UCLA Ballroom Club & UCLA Int'l Folkdancers: Mon 7:00-9:00(ballroom), 9:00-11:00 (folk). UCLA Kerckhoff Hall, WESTWOOD. (310) 284-3636 UniversityDanceClubs@yahoo.com James Zimmer

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