ACANO ML'ADA NEVESTO :-- Macedonia (Skopje)

Translation:

Acana, young bride.

Record:

Folkraft LP-15, side A, band 6.

Rhythm:

11/16 counted one-and-ah, two-and, three-and, four-and,

five-and, or "slow, quick, quick, quick, quick.

Starting position: "W" position. R ft free. Cpls, W on M's right.

Part I

Meas.

2

Facing slightly and moving R, lift-step* on R ft fwd (ct 1).
Continuing, lift-step fwd on L ft (cts 2, 3).

Turning to face ctr, slight leap sdwd R on R ft (ct 4).

Cross and step on L ft in back of R (ct 5).

2

Turning to face slightly L and moving bkwd R, lift-step bkwd on R ft (ct 1).

Continuing, lift-step bkwd on L ft (cts 2,3).

Turning to face ctr in preparation to face slightly R, a slight leap onto R ft (ct 4).

Facing slightly R, step fwd on L ft (ct 5).

Part II

Woman: Release hands, placing L hand on L hip while holding handkerchief in R.

1-2 Repeat exactly the footwork and direction of Part I, teasing M with handkerchief (meas. 1) and turning away with both hands on hips (meas. 2).

Man:

Following ptr, step fwd on R ft, bending knees halfway and opening arms as if beckoning twd girl (ct 1).

Continuing, step fwd on L, knees still bent halfway (cts 2,3). Straightening knees and rising, placing hands on hips, two quick steps fwd (R, L) (cts 4,5).

Same as meas. 2 above, except no bent knees, and hands remain on hips.

* LIFT-STEP (Right): Same as ordinary step on R ft except a (oo) slight lift on ball of L ft on count "ah" of preceding beat.

> Description by Dennis Boxell. Abbreviations added to fit U.O.P. syllabus format. Presented by Dennis Boxell